



## Breastfeeding Promotion Network of India/ IBFAN Asia

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### REPORT

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**Name of the person visiting:** Dr. J.P. Dadhich, Ms. Fariha Siddiqui.

**Title of the Meeting/ Conference:** Training Advocacy meeting in Chhattisgarh.

**Date and Place of the Meeting:** Raipur, 11.Feb. 2016.

**Object of your visit:** To discuss about how Chhattisgarh district build their capacity on IYCF and explain about the IMS Act.

**Report (Includes actions taken/ interventions made):-** we already fixed up our meeting with NHM, Mission Director (Dr. Ayyaz Fakirbhai Tamboli, IAS). He invited us during his PIP meeting.

We reached NHM, Office Chhattisgarh by 9.30 a.m. We started our meeting with Dr. Ayyaz Fakirbhai Tamboli (Mission Director NHM, Chhattisgarh) and Dr. Alka Gupta (Nodal Officer Maternal & Child Health) at 11 a.m. After some time Mr. Vikas Sheel (Secretary, Department of Health & Family Welfare) Joined us.

First we introduce our self then after Dr. Dadhich explained about the BPNI and our areas of work and why we came here and what we can do with Chhattisgarh state. After that Dr. Dadhich gave the power point presentation and explained about the Importance of Infant and Young Child Feeding (IYCF) and how it relates to the Child Mortality and Under Nutrition. Then after he explained the current status of the malnutrition and status of IYCF practices in Chhattisgarh with the help of bar graphs. Then he explained about the action points for enhancing IYCF practices in Chhattisgarh. How BPNI help Chhattisgarh to build capacity of ASHAs/ ANMs in skills for counseling on breastfeeding and infant and young child feeding practices and he discussed about the IMS Act. How IMS Act Protect, Promote and Support breastfeeding.

**Information from Dr. Alka Gupta (Nodal Officer Maternal & Child Health):-** She informed us some IYCF trainings are already happening in Chhattisgarh and for these trainings they used trainers trained by BPNI.

**Suggestion from MD, NHM:** - He suggested about looking in to the existing training curriculum and How BPNI & Chhattisgarh can collaborate. He also suggested that to connect BPNI with the concern person Dr. Kavita Patel who looks after the trainings of IYCF.

After this meeting we tried to contact with Dr. Kavita Patel (Child Health Consultant) and fixed up the meeting with her. We had one and half n hour meeting with Dr. Kavita Patel.

First we introduce our self then Dr. Dadhich explained about the BPNI “4 in 1” Training course. He explained, what is ‘4 in 1’ what components we covered in to this course, what algorithm we follow for the training etc. We share our training material with her which we use in to our middle level trainers training.

After understand all the things about training Dr. kavita raised a question to Dr. Dadhich, she said we already did so many trainings on IYCF and many organization came and asked us to do trainings but is there any facility or programe BPNI have for assessment, monitoring, evaluation of these trainings. Because we did trainings but after that we do not know actually people get the benefits or not?

Dr. Dadhich appreciates her and gave answer of her question with the help of a slide and he explained about the Global strategy for IYCF and ten areas of work where we have to do the work to protect promote and support Breastfeeding.

Dr. Kavita discuss about her 2016 training plan with us. She said they are planning to conduct IYCF trainings for NRC’s counselors because IYCF is a very important component. They have 64 NRC’s in whole state. For this Dr. Dadhich suggested her that you can plan to conduct Infant and Young Child Feeding Counseling specialist training for those NRC counselors.

Sir, explained about the felt need in Chhattisgarh that are-

- Initiation are very less in Chhattisgarh
- And Under Nutrition is very high.

These are the two major areas where we have to think and plan to do the work in Chhattisgarh. Exclusive breastfeeding rates are very good in Chhattisgarh but exclusive breastfeeding drops sharply after 2-3 months. So what is the reason for this drop may be our lactating mothers do not get any support in community. They don't have knowledge about exclusivity and complementary feeding.

Dr. Kavita Inform us they never do frontline workers training in Chhattisgarh. After that Dr. Dadhich explain the importance of frontline workers training. He said once mother came from hospitals no one is in the community to help her or guide her about feeding because our ANMs/ ASHAs are not the skilled counselor and not enough capable to do help. Dr. Dadhich said you can plan the trainings for frontline workers.

After that sir explained about the IMS Act. What is the IMS Act and How it works. Sir explained how one can monitor the violation of this act. BPNI have three days training on IMS Act. We can conduct this training and trained one CMHO from each state. After this training they can monitor the act and report us for any violation.

**Follow up action if any:**

- Share our 4 in 1 training brochure, SIDA study report, Lalitpur Assessment report, Maternity Protection Articles and Punjab Assessment report with Dr. Kavita Patel.