

INFANT AND YOUNG CHILD FEEDING COUNSELING : A TRAINING COURSE

The 4 in 1 Course

(an integrated Course on Breastfeeding, Complementary feeding, Infant Feeding & HIV and Growth Monitoring Counseling)

(BPNI/IBFAN)

SIDOARJO Hospital, September 7 – 20, 2015

(A National Training)

R E P O R T

BACKGROUND

AIMI and BPNI/IBFAN had jointly organized this training course to develop National trainers in IYCF counseling and IYCF counseling specialists for Indonesia.

Breastfeeding counseling, complementary feeding counseling, HIV and infant feeding counseling and growth monitoring are components of this training course which makes counseling specialists competent to support infant and child feeding in various situations. This course is based on counseling. It has demonstration sessions on various counseling skills followed by clinical practice sessions on them and written exercises for every skill. This course has been in use for 12 years in India and many Asian countries. Training has been found very effective and countries like Afghanistan, Nepal have started trainings in the country using their own trainers trained in this course. This training course was organized in Indonesia keeping in mind that the National trainers thus developed will lead training courses in Indonesia independently. The course has 47 sessions covered in 7 days for certifying counseling specialists. The list of 47 sessions are attached (Annex -1)

The course has 6th days preparation of trainers by a director who is an experienced trainer conducting training of this course independently and has worked as co-director for 2-3 courses. This part of training i.e. preparation of Trainers comprises of training skills, knowledge on IYCF and counseling skills. During the course, the future trainers are called '*trainees*' and after this training they will be called as 'National Trainers'.

The second part of the course is for '*participants*' who are trained by the trainees under constant supervision of director of the course for 7 days. After this course, participants develop competence of being a 'Counseling Specialist'.

Prof (DR.) K.P. Kushwaha, former Principal and Dean, Professor of Pediatrics, B R D Medical College, GORAKHPUR, India and Chief Coordinator BPNI, India was course director.

CLASSROOMS

In Sidoarjo Hospital we had a big room with a capacity of 40 participants with audiovisual, flipchart and required furniture was used for training. There was another separate room adjacent to this room with the capacity of 20 participants with audiovisual, flipchart and furniture facilities used for small group works and for demonstration sessions. These classrooms are situated in hospital campus. Teaching rooms had air conditioners. The chairs in classroom were arranged in semi circular rows. Rooms were comfortable.

HOSPITAL FOR CLINICAL PRACTICE

We had selected and got permission from 3 hospitals for clinical practice :

1. Sidoarjo Hospital – public hospital
2. Siti Hajar – private hospital
3. Pusdik – military hospital

In Sidoarjo and Siti Hajar hospitals there are labour rooms, obstetric ward, pediatrics ward, pediatric OPD, immunization center, neonatal ward, and neonatal intensive unit.

In Pusdik there are labour rooms and obstetric ward.

Pusdik and Siti Hajar are between 20 minute drive from Sidoarjo Hospital.

On an average 15-20 newborn in obstetric ward, 30-40 children less than 2 years in pediatric OPD, 20-25 children in pediatric ward and 4-5 babies in NICU, and 10 new borns in neonatal ward were present in these hospitals during clinical practice. In all hospitals newborns are separated from mothers just after birth and kept in neonatal ward. Children attending OPD and admitted in ward are mostly bottle feed/formula feed. Use of Soya formula and low lactose formula are rampantly used in children who are bottle feed and have diarrhea.

We have 2 vehicles to transport the participants.

PREPARATION OF TRAINERS (September 7-12, 2015)

The schedule for 6 days training is attached here (Annex 2)

There are 5 trainers trained during this period.

(List Annex 3)

Astri Pramardini, dr, IBCLC

She was course facilitator and participated as trainer. She has deep interest and commitment for training in infant and young child feeding and has been already conducting breastfeeding counseling courses in Indonesia. She did very well during this period of training and day 1 of participant's training, she developed pre-eclampsia and was hospitalized. This course was organized very well and she has capacity to impart training therefore certificate of trainer is being given to her.

Farahdibha Tenrilemba, SS, M.Kes

She has attended breastfeeding counseling course (WHO) and has been very active in breastfeeding education in AIMI. She underwent this training using all course material with sincerity and commitment and used the training materials throughly during teaching this course to participants. She could be a very competent trainer for the country.

Frecilia Regina, dr, Sp.A, IBCLC

She is a young pediatrician with tremendous potential of learning and teaching. She was very eager to learn the science, a skills and art of infant feeding and skills during this counseling training course. She is quiet confident and will be a competent national trainer.

Aswita Amir, DCN, M.Si

She has been confident trainee speaking in Bahasa Indonesia and could understand English both spoken and written. She was good in learning counseling skills. She trained participants using counseling skills well and could be a good national trainer.

Elsi Ermalinda, S.Si.T

Elsi has worked very hard during both parts of the course. She has developed many skills of trainers and has understood the concept of counseling well. She will be able to work in future as a trainers for this course.

FEEDBACK FROM TRAINERS

During the preparation of training course all different types of sessions were allotted to all trainees, so they can learn the presentation sessions, demonstration of clinical skills, demonstration of counseling skills, group work, facilitating a written exercise, and leading a clinical practice (Annex 4).

For all of them the course was useful to very usefull.

Some of them suggested to include Indonesian mother's pictures in course material for counseling sessions. For all of them, it was good experience and they could learn skills of trainers and skills of counseling skill very well.

PARTICIPANTS COURSE (September, 14-20,2015)

There are 19 participants (List annex 4). They included pediatricians, general doctors, dentist, midwives, psychologists, AIMI Counselors and even an architect. They were very interactive and attentive in the class. The schedule of the participant's training is attached (Annex 5)

COMPETENCY

The evaluation of participant has been done using Clinical Competency Assesment Questionnaire. All 19 participants were able to recognize and help mothers with breast conditions. Out of 19, 15 have experience of helping mothers of sore nipples, and other helping mothers with engorgment. All participants were able to mention feeding options in HIV positive mothers and were able to counsel and support mothers in safe breastfeeding options. Seven of them have difficulties in helping mothers in positioning and attachment, and helping mother in different position and breastfeeding. Some participants (7) have difficulty in seeing babies with refusal to breastfeed and helping them. They also did not see the relactation. Only 2 participants could not identify good and poor attachments, and could not use the skill of listening and learning well, though all of them know and use few skills of listening and learning. All except 1 were able to learn taking feeding-history, growth monitoring and expression of breastmilk. Two participants have difficulty in counseling babies for complementary feeding. Three participants could not assess hospitals weather they are honoring International Code of Marketing of Breastmilk Substitute.

Five participants namely Sunny Mariana dr.; Sari Intan Kailaku STP.; Ali Taqwim drg.; Hanna Dyahferi dr. SpA.; and Hastrin Hositanisita, S.Gz. have required most of the skills of counseling in various breastfeeding and complementary feeding situations and in future if they wished they can be taken as trainer after repeating the complete course. All participants are able to counsel mothers in breastfeeding, complementary feeding, HIV and growth monitoring.

PARTICIPANTS FEEDBACK

All but one participant found course adequate and very useful to useful. Many participants suggested to have longer and more supervised clinical practice session. They need all training material and training to be conducted in Bahasa. For some few demonstration sessions were short. They want to learn hand on experiences on positioning and expression more both in class and clinics. One participant suggested the classroom need to be more comfortable. Most of them found it to enhance their capacity and knowledge. One participant suggested to include one chapter in difficulties faced by counselors.

PARTICIPANTS COMMITMENTS

Most of the participants has committed to work as counselors in infant and child feeding. During course we have a box where they can put the suggestions for improving the course. The training was improved by and rearranged based on their suggestions. Most of AIMI members have shown their commitment to work with mothers and babies in communities in all provinces. They also want to make school education more supportive to IYCF. They also want to do advocacy with government to protect breastfeeding by adequate legislation and to support working mothers by making place of works supportive to breastfeeding. Health Workers attending this course as participants have shown their commitment to create mother to mother support in hospitals, and to be allocated room in hospital for breastfeeding. They also want to change hospital practices to baby friendly and to develop IYCF counseling center in health facilities.

PHOTOGRAPHS

The photographs during the course are attached (Annex 6).

FUTURE – ROAD A HEAD

In infant and child feeding counseling is urgently needed in hospitals in Indonesia and in the community. Since most of the babies visiting hospitals are fomula feed/bottle feed, the Government in Indonesia need to organize training courses in all provinces of Indonesia for community health workers and nutritionists using national trainer certified during this course to improve growth of children and to reduce neonatal morbidity and mortality. The Government can also make use of counseling specialist developed in this course to improved IYCF status in the country by assigning them specific responsibility. The team of trainers trained here are capable of leading training courses in Indonesia. The hospital practices should be baby friendly where mothers can learn breastfeeding. Government and AIMI should also initiate training for doctors and heatlh worker in all hospital using this training team to make hospital baby friendly. AIMI maybe consider as organization with skill trainers and counseling specialists, and its services should be utilized in the country for training and counseling in infant and young child feeding and monitoring of International Code of Marketing of Breastmilk Substitutes.



Dr. Prof. K P Kushwaha MD, FIAP

INFANT AND YOUNG CHILD FEEDING COUNSELING: A TRAINING COURSE

SESSION CONTENTS

	Introduction	
Session 1	Why optimal infant and young child feeding?	(Class, 60 minutes)
Session 2	Local situation of infant and young child feeding	(Class, 30 minutes)
Session 3	Production and intake of breastmilk	(Class, 60 minutes)
Session 4	Assessing a breastfeed	(Class, 60 minutes)
Session 5	Observing a breastfeed	(Class, 60 minutes)
Session 6	Listening & learning	(Class, 60 minutes)
Session 7	Listening and learning exercises	(Class, 60 minutes)
Session 8	Hospital Practices and Baby Friendly Hospital Initiative	(Class and small groups, 90 minutes)
Session 9	Clinical Practice* 1 Listening and learning Assessing breastfeed	(Class and small groups, 120 minutes)
Session 10	Positioning baby at the breast	(Class and small groups, 60 minutes) (Optional video, 30 minutes)
Session 11	Building confidence, giving support and checking understanding	(Groups, 60 minutes)
Session 12	Building confidence exercises	(Groups, 60 minutes)
Session 13	Clinical Practice* 2 Building confidence and giving support Positioning baby at the breast	(Class and small groups, 120 minutes)
Session 14	Breast conditions	(Class, 60 minutes)
Session 15	Breast condition exercises	(Groups, 30 minutes)
Session 16	Refusal to breastfeed and crying	(Groups, 60 minutes)
Session 17	Taking a feeding history	(Groups, 60 minutes)
Session 18	History practice	(Small Groups, 70 minutes)
Session 19	Overview of infant feeding and HIV	(Class, 60 minutes)
Session 20	Breastmilk feeding options for HIV positive mothers	(Groups, 60 minutes)
Session 21	Replacement feeding in the first six months	(Class, 60 minutes)
Session 22	Preparation of milk feeds	(Class and Small groups, 60 minutes)
Session 23	Counseling HIV positive mothers for feeding options and teaching replacement feeding	(Demonstration, 60 minutes)
Session 24	Practice counseling skills in HIV positive mothers	(Small groups, 75 minutes)
Session 25	Expressing breastmilk	(Class, 60 minutes)
Session 26	Not enough milk	(Class, 60 minutes)
Session 27	Refusal to breastfeed, crying and not enough milk exercises	(Class, 75 minutes)
Session 28	Breastfeeding low birth weight babies and sick babies	(Class and demonstration, 85 minutes) (Optional video, 30 minutes)
Session 29	Increasing breast milk and relactation	(Class, 60 minutes)
Session 30	Complementary feeding - foods to fill the nutrient gap	(Class, 60 minutes)
Session 31	Quantity, variety and frequency of complementary feeds	(Class, 60 minutes)
Session 32	Counseling practice (BF & CF)	(Class, 60 minutes)

Session 33	Clinical Practice* 3 Taking a breastfeeding history; expression of breast milk; Counseling mothers in different situations	(Class and small groups, 120 minutes)
Session 34	Feeding techniques, strategies and Food Hygiene	(Class, 60 minutes)
Session 35	Clinical Practice* 4 Filling dietary recall form; taking measurements; plotting weight on WHO growth charts; counseling mothers for continued breastfeeding in 2 nd year	(Class and small groups, 120 minutes)
Session 36	Feeding during illness and recovery	(Class, 45 minutes)
Session 37	Sustaining optimal infant and young child feeding	(Class, 60 minutes)
Session 38	Clinical Practice* 5 Assessing nutrition by WHO growth charts; counseling for Complementary feeding	(Class and small groups, 120 minutes)
Session 39	Nutrition of lactating mothers and their health and fertility	(Class, 60 minutes)
Session 40	Breastfeeding by working mothers	(Groups, 60 minutes)
Session 41	Regulating marketing of breast milk substitutes- Infant Milk Substitute Act and cable TV Act (India) & International Code of marketing breast milk substitutes	(Class and small groups, 60 minutes)
Session 42	Infant feeding in emergency situation	(Class, 30 minutes)
Session 43	Setting up Infant & Young Child Feeding Counseling Centre and their Future Commitments	(Groups, 60 minutes)
Session 44	Growth Monitoring and Measuring	(Class, 50 minutes)
Session 45	Growth Monitoring by Growth charts	(Class, 60 minutes)
Session 46	Measuring Growth: Taking Action	(Class, 60 minutes)
Session 47	Counseling mother with the help of Counseling Flip Chart	(Class, 30 minutes)

TRAINING SECHEDULE OF INFANT AND YOUNG FEEDING COUNSELING: A TRAINING COURSE (THE 4 IN 1 COURSE)
SIDOARJO, 7 - 12 SEPTEMBER 2015

TRAINING OF TRAINER

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
0900 – 1000	Introduction of trainees and Introduction to the Course Material and Training Skills	Listening and Learning (KP) Preparation for clinical practice I	Positioning baby at the breast (KP) Preparation for Clinical Practice II (Astri)	Expression Breast Milk (KP) Preparation for Clinical Practice III (Ita)	Hospital practice and BFHI (Diba) Preparation for Clinical Practice IV (Cil)	Counseling HIV +ve mothers for feeding options and teaching replacement feeding (Ita) Preparation for Clinical Practice V (Elsi)
1000 – 1030	Tea					
1030 – 1200	Visit to hospital – place of clinical practice Introduction of the training skills	Clinical Practice I (Obg Ward) (Diba)	Clinical Practice II (Obg Ward)	Clinical Practice III (Obg Ward + NICU)	Clinical Practice IV (Obg Ward, NICU & Ped Ward)	Clinical Practice V
1200 – 1300	Why optimal infant and young child feeding	Listening and Learning Exercise (Ita)	Building Confidence Exercises (Elsi)	History Practice (Diba)	Overview of infant feeding and HIV +ve (KP)	Growth Monitoring (Astri)
1300 – 1400	Lunch					
1400 – 1500	Production and intake of breastmilk	Building Confidence, giving support and checking understanding (KP)	Taking a breastfeeding history (Cil)	Complementary Feeding – foods to fill the nutrient gap (KP)	Breastmilk feeding options for HIV +ve mothers (Elsi / Ita)	Monitoring Growth : Weight and Length/Height Taking Action (Cil)
1500 – 1600	Assesing a breastfeed	Breast Condition (Cil)	Refusal to breastfeed and crying (Diba)	Quantity variety and frequency of complementary feeds (Astri)	Replacement feeding in the first six months by HIV (Diba)	Preparation of milk feeds (Ita)
1600 – 1630	Tea					
1630 – 1730	Observing breastfeeding (Astri)	Breast Condition Exercise (Astri)	Not enough Milk (Ita)	Feeding Technique strategies (Cil)	Counseling Practice in HIV +ve mothers (Astri)	Not enough milk, BF refusal crying exercises (Diba)
1730 – 1800	Nutrition of Lactating Mothers & their Fertility	Breastfeeding by Working Mother (Elsi)	Feeding Low Birth Weight Babies (KP)	Feeding during illness & recovery (Elsi)	IMS Act / CODE (Cil)	Increase Breastmilk and Relactation (Elsi)
1800 – 1830	Trainers Meeting					

Note : Session 2, 37, 40, 42 & 43 will be read by participants as homework. They have to teach these sessions to Counseling Specialist.

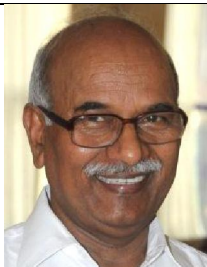


TRAINING SECHEDULE OF INFANT AND YOUNG FEEDING COUNSELING: A TRAINING COURSE (THE 4 IN 1 COURSE)
SIDOARJO, 14 - 20 SEPTEMBER 2015
FOR COUNSELING SPECIALIST

Time	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
0800 – 0830	Registration and Pre-test	Preparation of Clinical Practice I (D)	Preparation of Clinical Practice II (C)	Preparation for Clinical practice III (E)	Preparation for Clinical Practice IV (I)	Preparation of Clinical Practice V (D)	Relactation (C)
0830 – 0900	Introduction of participants (KP)	Clinical Practice I	Clinical Practice II	Clinical Practice III	Clinical Practice IV	Clinical Practice V	Sustaining optimal IYCF (E)
0900 – 1000	IYCF Counseling & Support Centre (KP)	Listening and Learning & Assessing Breastfeeding (All)	Building confidence, giving support and checking understanding Positioning baby at the breast Breast condition exercise (All)	Taking feeding history (All)	Counseling mothers in different situations and filling dietary recall form (All)	Complementary feeding (All)	Feeding LBW & Sick Babies (60') (C)
1000 – 1030	Tea Time						Infant Feeding in emergency situations (with tea time) (D)
1030 – 1130	Why optimal infant and young child feeding (C)	Listening and Learning Exercise (I – C)	Breast Condition (D)	Expressing Breastmilk (I – C)	Hospital Practice and BFHI (C)	Growth Monitoring Taking Weight, Length/Height (I – D)	Counseling Practice Breastfeeding and Complementary Feeding (All)
1130 – 1230	Production and intake of breastmilk (A)	Breastfeeding Positioning (C – D)	Breast Condition Exercise (All)	Taking Feeding History Exercise (All)	Overview of HIV and Infant Feeding (E)	Growth Monitoring taking action (E – C)	IMS Act / CODE (D)
1230 – 1330	Lunch						
1330 – 1430	Assessing a breastfeed (I – D)	Building confidence and giving support (I – E)	Refusal to breastfeed and crying (I)	Complementary feeding- foods to fill the Nutrient Gap (D)	Breastfeeding option for HIV +ve mothers (D)	Counselling for HIV +ve mothers for feeding options (D)	Women Nutrition Health and Fertility (I)
1430 – 1530	Observing breastfeeding (E – C)	Building confidence and giving support exercise (All)	Not enough milk refusal to breastfeed and crying exercises (All)	Quantity variety and frequency of complementary feeding (E – I)	Replacement feeding during first 6 months by HIV +ve mothers (I)	Feeding during illness and recovery (C)	Women and Work (E)
1530 – 1600	Tea						
1600 – 1700	Listening and Learning (C – D)	Not enough milk (D – E)	Taking a feeding history (E)	Feeding techniques and strategies (I)	Preparation of Milk Feeds (E – I)	Counselling practice in HIV+ve mothers (All)	Post-test (KP) Valedictory function (All)
1700 - 1800	Facilitator Meeting						

NOTE : KP : Dr Prof K P Kushwaha MD FIAP; A : Astri; C : Cil; D : Diba; E : Elsi; I : Ita




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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
1		Dr. Prof. KP Kushwaha, M.D., FIAP	Former : Professor Pediatrics, Dean and Principal, B.R.D. Medical College, Gorakhpur, India Chief Coordinator BPNI Delhi	27 Oktober 1954 Fazilnagar Deoria, UP, India	Raptinagar Phase II, Charganwa, Gorakhpur, India	+91 9415210282 komal.kushwaha@gmail.com
2		Astri Pramarini, dr, IBCLC	AIMI East Java	Surabaya, 16 November 1979 / Chairman of AIMI East Java	Jl. Cendrawasih 5 no 2, Sidoarjo - 61256	0817396715 astri.pramarini@jatim.aimi-asi.org
3		Aswita Amir, DCN, M.Si	AIMI South Sulawesi	Suli, 16 Januari 1977 / PNS Poltekkes Makassar	BTP blok L Baru No 2, Makassar	081343554289 Aswita.amir@sulsel.aimi-asi.org



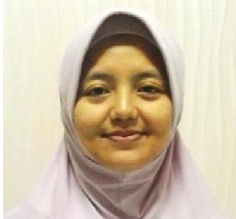

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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
4		Elsi Ermalinda, S.Si.T	AIMI West Sumatra	Padang, 27 September 1988 / Lecturer	Kompleks Bumi Bunda Persada B-11 Balai Baru, Padang	085263108721 elsikirana@gmail.com
5		Farahdibha Tenrilemba, SS., M.Kes	AIMI Headquarter	Makassar, 26 November 1979/ Secretary General (Sekjen) of AIMI Head Quarter	Jl. Jatipadang Poncol No 19, Ps Minggu, Jakarta Selatan	0811988586 diba@aimi-asi.org
6		Frecillia Regina, dr., SpA, IBCLC	AIMI West Java	Bandung, 23 Februari 1980 / Pediatrician	Jl. Terusan Elang 8 no 2, Bandung - 40184	082118706860 cil_23@yahoo.com



PREPARATION TEAM OF INFANT AND YOUNG FEEDING COUNSELING: A TRAINING COURSE (THE 4 IN 1 COURSE)
SIDOARJO, 7 - 20 SEPTEMBER 2015



No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
1		Angky Patria Ruswinda, ST	AIMI East Java	Magelang, 21 Februari 1984 / Fulltime Mother	Perumahan Deltasari Baru, Cluster Delta Tiara no 15, Sidoarjo – 61256	08123206854 / angky.patria@jatim.aimi-asi.org
2		Astrid Romilda Hantari, S.Si	AIMI East Java	Surabaya, 17 Agustus 1984 / Fulltime Mother	Citra Harmoni I6 no 5, Trosobo, Sidoarjo	08176352427 / astrid.romilda@jatim.aimi-asi.org
3		Elyca Rahmawiyanti, S.Kom	AIMI East Java	Bandung, 31 Agustus 1981 / Fulltime Mother	Puri Surya Jaya, Cluster Taman Nagoya F1 no 14, Sidoarjo	0811839646 / elyca@jatim.aimi-asi.org
4		Nurfadilah Irianty, ST	AIMI East Java	Surabaya, 11 Maret 1986 / Fulltime Mother	Wisma Kedung Asem Indah DD-11, Surabaya	08563411890 / nurfadilah@jatim.aimi-asi.org






PARTICIPANTS LIST OF INFANT AND YOUNG FEEDING COUNSELING: A TRAINING COURSE (THE 4 IN 1 COURSE)
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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
1		Ageung Citra Mulya, S.Psi	AIMI West Java – Depok	Jakarta, 5 Januari 1988 / Fulltime Mother	Perum bukit cengkeh berbunga jl. Melati 2 blokA7/12 RT 06/24 Sukmajaya, Baktijaya, Depok, Jawa Barat	089654410080 citramulyaramadhan@gmail.com
2		Ali Taqwim, drg	AIMI Central Java – Purwokerto	Grobogan, 06 Agustus 1985/ Lecturer of Jenderal Soedirman University	Kedokteran Gigi UNSOED Jl.Dr.Soeparno Gedung E Kampus Karangwangkal UNSOED, Purwokerto - Banyumas	081390952818 alit@jateng.aimi-asi.org
3		A. Husni Esa Darussalam, dr	AIMI South Sulawesi	Ujung Pandang, 8 Oktober 1985 / Lecturer of Medical Faculty Univ. Muslim Indonesia	Jl. Mahoni no.134 blok.III panakukang permai, toddopuli 6, Makassar	081355201415 andihusniesa@gmail.com
4		Annisa Nurrachmawati, SKM, M.Kes	AIMI East Kalimantan	Malang, 11 Februari 1979 / Public Health Faculty Univ. Mulawarman	Jl. AW Syahrani 4 blok H No.1 Samarinda, Kaltim	08125522514 annisa.nurrachmawati@kaltim.aimi_asi.org nasywa_mzi@yahoo.com
5		Aria Pratama Surya Anggara, dr, MMR	AIMI West Kalimantan	Pontianak, 16 Desember 1988 / Doctor at Puskesmas Serimbu, Kec. Air Besar, Kab. Landak	Jl. Purnama Gang Purnama 8 No. 18 B Rt 003 Rw 015 Kel. Parittokaya Kec. Pontianak Selatan, Pontianak, Kalimantan Barat 78121	08125797197 apsa.aria@gmail.com www.ariapsanggara.com






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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
6		Hanna Dyahferi Anomsari, dr, Sp. A	Hospital of Universitas Airlangga Surabaya	Surabaya, 2 februari 1979 / Pediatrician at Hospital of Universitas Airlangga Surabaya	Jl. Saliman No. 3 Komplek TNI AL Kenjeran Surabaya	082140260683 dr.Hannada@gmail.com
7		Hastrin Hositanisita, S.Gz	AIMI Jogjakarta - Bantul	Lamongan, 8 Agustus 1987 / Nutritionist	Peleman rt 4 Bangunjiwo Kasihan Bantul Yogyakarta 55184	085743779298 hastrin@gmail.com
8		Laila Astyningtyas, dr. Akp.	AIMI West Java	Cirebon, 25 Desember 1988 / Doctor	Jl. Villa Asri Tengah no. 06 Bumi Asri 3, RT. 5/ RW 10 Cimuncang , Bandung	08971979695 Astyningtyas_dr@yahoo.com
9		Maria Ulfa, S.Keb.,Bd.	Hospital of Universitas Airlangga Surabaya	Gresik, 20 Mei 1986 / Midwife at Hospital of Universitas Airlangga Surabaya	Rungkut Lor 10 no 18 A Surabaya	082139989579 Merry.ulfa@ymail.com
10		Mellyna Trismi Utami, drg	AIMI Central Java – Purwokerto	Pasuruan, 26 Mei 1985 / Dentist	RT 007 RW 001 Desa Tambaksogra, Kec. Sumbang, Kab.Banyumas, Jawa Tengah	085230280075 mellynautami@gmail.com





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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
11		Meriesta Dewi, drg	AIMI North Sumatra	Pekanbaru, 21 Maret 1981 / Dinas Kesehatan Prov. Sumatera Utara	Jl. STM Suka Amal no. 7 Medan	082165426171 ririzaid@yahoo.com
12		Mia Deazi Mayangsari, S.Psi	AIMI East Java	Surabaya, 4 Oktober 1979 / Fulltime Mother	Jemursari VIII No 42, Surabaya	081230421134 miadeazi@yahoo.com
13		Riska Dwi Marheni, Amd. Kep. (Riska)	RSUD Sidoarjo	Nganjuk, 20 Maret 1986 / Nurse at RSUD Sidoarjo	Celep Selatan RT 9 RW 3 Sidoarjo	085851825241 / 087856778257
14		dr. Ricky Septafianty	AIMI East Java - Jember	Probolinggo, 15 September 1982 / Doctor of RS Perkebunan Jember	Perumahan Mastrip DD-8 Jember	08123219301 ricky.septafianty@gmail.com
15		Sari Intan Kailaku, STP	AIMI Headquarter	Bogor, 17 Mei 1980 / Agriculture Ministry	Jl. Tentara Pelajar no. 26C, Cimanggu, Bogor 16114	0251-8337964 / 083811309735 sari.kaylaku@aimi-asi.org

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No	Photo	Name	AIMI Branch / Institution	Place-Date of Birth / Occupation	Address	Phone Number / e-mail address
16		Sunny Mariana, dr, IBCLC	AIMI East Java	Medan, 1 Mei 1988 / Doctor of RSIA Lombok Dua Dua Surabaya	Baskara Barat A-6, Surabaya	085645499488 sunnymariana@gmail.com
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18		Titin Herawati, Amd. Keb.	RSI Siti Hajar Sidoarjo	Sidoarjo, 2 Agustus 1977 / Midwife of RSI Siti Hajar Sidoarjo	Sarirogo 8/II Sidoarjo	081330086807
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