

Report of
Training for Middle Level Trainers and Yashoda Workers
District Level Capacity Building
On Infant and Young Child Feeding (IYCF)
in 33 Districts of Rajasthan

(Ajmer, Nagaur, Tonk, Bhilwara ,Ganganagar, Hanumangarh, Bikaner, Churu, Sikar, Jhunjhunu, Alwar, Dausa, Jaipur, Jaisalmer, Jalore, Barmer, Jodhpur, Pali, Sirohi, S.Madhopur, Dholpur, Karauli, Bharatpur, Kota, Bundi, Jhalawar, Baran, Udaipur, Rajasmand, Chittorgarh, Pratapgarh, Banswara)

16th January – 31st March 2012

These trainings has been started from middle of January 2012 and accomplished at end of March 2012. BPNI with the support of NIPI and Government of Rajasthan has now successfully completed the training on IYCF at Rajasthan. 17 trainings were conducted and covered 33 districts of Rajasthan and developed **105 Middle level Trainer and 567 Yashodas.**

Ajmer / Nagaur

Report of training of Middle Level trainer and Yashodas.

Training-1 at District Hospital Beawar

Date:16th - 21st January 2012

National Trainers: Dr.Gulshan Arora & Ms Lubna Abdullah.

6 Participants (First 3 days) : 4 Medical officers and 1 Yashoda supervisor & 1 Principal of ANM training Center (Nagaur)

24 Participants (Last 3 days): Yashodas

This training course was started on 16 Jan 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants. from district Nagaur and Ajmer. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Ms Lubna Abdullah. For the last 3 days 24 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (19 January 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 24 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

Dr. Ghalot Singh , PMO(Beawar) chaired the Valedictory function on 21st January 2012. He appreciated the efforts done by BPNI in conducting this structured course , he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





Tonk / Bhilwara

Training-2 at District Hospital Bhilwara

Date: 16th - 21st January 2012 National Trainers: Dr. Anita Gupta & Dr Khan Amir Maroof.

5 Participants (First 3 days) : 2 Medical officers & 3 Nurses

26 Participants (Last 3 days): Yashodas

This training course was started on 16 Jan 2012. There were 5 Participants who attended the training. The National trainers conducted the training for 3 days of 5 participants. from district Tonk and Bhilwara. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Anita Gupta. For the last 3 days 26 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (19 January 2012). And they were given the pre test. In Preparatory phase there was 5 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 26 Yashoda whose training was taken by these 5 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

PMO (Bhilwara) chaired the Valedictory function along with Dy. CMHO, Bhilwara on 21st January 2012. He appreciated the efforts done by BPNI in conducting this structured course , he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.



Bikaner / Churu

Training-3 at District Hospital Churu

Date: 30th January to 4th February 2012

National Trainers: Dr.K C Aggarwal & Ms Preeti Gupta.

6 Participants (First 3 days): 2 Medical officers and 1 Yashoda supervisor & 3 Staff Nurses)

19 Participants (Last 3 days): Yashodas

This training course was started on 30th Jan 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants. from district of Bikaner & Churu. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr K C Aggarwal. For the last 3 days 19 Yashodas from same districts attended the training.

It was a 6 days training which was conducted in 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical sessions, 2 clinical practices and 2 practice sessions. These courses also have practical demonstrations and role plays. Yashoda joined on 4th day (2nd February 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 19 Yashodas whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

The PMO (Churu) chaired the Valedictory function on 4th February 2012. He appreciated the efforts done by BPNI in conducting this structured course. He suggested that such trainings should be conducted at regular intervals and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificates were given to all the participants.





ईडलोद . मंगलवार
31 जनवरी . 2012



शिशु के लिए अमृत है मां का दूध

चुरू। राजकीय भरतिया अस्पताल में सोमवार को ब्रेस्ट फीडिंग प्रमोशन नेटवर्क दिल्ली की ओर से माताओं को अपने शिशुओं को स्तनपान करवाने के लिए प्रोत्साहित करने हेतु कार्यशाला का आयोजन किया गया। कार्यशाला को संबोधित करते हुए पोषण समन्वयक एवं बालरोग विभागाध्यक्ष दिल्ली के डॉ. कैलाश अग्रवाल ने कहा कि मां का दूध प्रथम छः माह तक शिशु के लिए अमृत के समान होता है। इस समय मां को अपने शिशु को नियमित रूप से स्तनपान अवश्य करवाना चाहिए। नेटवर्क की समन्वयक डॉ. प्रीति गुप्ता ने नर्सों को स्तनपान से जुड़ी आवश्यक बातों के लिए आशा, आशा सहयोगिनी व गांवों में प्रसव करवाने वाली यशोदाओं को जानकारी प्रदान की। उन्होंने बताया कि मांओं को स्तनपान से होने वाले फायदों को बताया जाए ताकि वे बच्चे को स्तनपान करवाएं। इस अवसर पर नोडल अधिकारी डॉ. राजेंद्र शर्मा, डॉ. शरद मिश्रा, डॉ. के सी अग्रवाल, डॉ. एवि शर्मा, डॉ. रतिराम मीणा, डॉ. लक्ष्यसिंह, सुरेंद्र नूनिया, रमेश कुमारी, इंदु शर्मा, प्रमोद कोशिक, सांवरसिंह व नर्सों आदि उपस्थित थे।

‘बच्चों के सर्वांगीण विकास के लिए स्तनपान जरूरी’

पूरु sikar@patrika.com
राजकीय डेडराज भरतिया अस्पताल में बीपीएनआई की ओर से छह दिवसीय आवासीय स्तनपान प्रशिक्षण कार्यशाला में चिकित्सकों व नर्सिंगकर्मियों को संबोधित करते हुए नोडल ऑफिसर डा. केसी अग्रवाल ने कहा कि स्तनपान मां-बच्चे के लिए अत्यावश्यक है।
डिब्बा बंद दूध या पैकिंग

आहार से बच्चे का विकास बाधित होता है। इसलिए बच्चे की रोग प्रतिरोधक क्षमता में बढ़ोतरी व सर्वांगीण विकास के लिए महिलाओं को स्तनपान के लिए प्रेरित किया जाना चाहिए। डा. प्रीति गुप्ता, डा. राजेंद्र शर्मा, डा. शरद मिश्रा, डा. रवि शर्मा, डा. रतिराम मीणा, डा. लक्ष्मणसिंह, सुरेंद्रसिंह नूनिया, इंदु शर्मा व रमेशकुमारी आदि भी कार्यशाला में उपस्थित थे।

Jodhpur / Pali / Sirohi

Report of training of Middle Level trainer and Yashodas.

Training-4 at District Hospital Pali

Date: 30th Jan - 4th Feb 2012

National Trainers: Dr.Gulshan Arora & Dr Nikhil Kharod.

9 Participants (First 3 days) : 5 Medical officers 1 Nurse & 3 others

26 Participants (Last 3 days): Yashodas

This training course was started on 30th Jan 2012. There were 9 Participants who attended the training. The National trainers conducted the training for 3 days of 9 participants from district Pali / Sirohi / Jodhpur. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Gulshan Arora. For the last 3 days 26 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (2nd Feb 2012). And they were given the pre test. In Preparatory phase there was 9 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 26 Yashoda whose training was taken by these 9 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

PMO District Hospital Pali chaired the Valedictory function on 4th Feb. 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





‘मां का बढ़ाएं आत्मोवेश्वास’

भास्कर न्यूज | पाली

एनआरएचएम तथा बेस्ट फीडिंग प्रमोशन नेटवर्क ऑफ इंडिया के संयुक्त तत्वावधान में गुरुवार को बांगड़ अस्पताल में स्थित एनएनएम ट्रेनिंग सेंटर में शिशु एवं बच्चों की आहार पूर्ति परामर्श प्रशिक्षण कोर्स का आयोजन किया गया। शिविर शनिवार तक चलेगा।

इस कार्यक्रम में गुरुवार को मनोरोग विशेषज्ञ डा. एसपी आगीवाल ने सुनना एवं सीखना, मां का आत्मविश्वास बढ़ाना, समर्थन देना और

समझ को जांचना विषय पर प्रशिक्षण दिया। उन्होंने संचार कौशल हुनर को बढ़ाने पर जोर दिया। डॉ. आरके टिलवानी ने सर्वोत्तम आहार व स्तनपान के फायदे, परिवार व समाज को लाभ इत्यादि विषयों को विस्तार से समझाया। चार्ट, वास्तविक डिमोंस्ट्रेशन, रोल प्ले आदि तकनीकों से प्रशिक्षण दिया गया। डा. आगीवाल ने बताया कि शिविर में पाली, जालोर तथा सिरोही जिले की यशोदाएं शामिल हैं, जिनको प्रशिक्षण दिया जा रहा है। बीपीएनआई की तरफ से डा. अरोड़ा व डा. निखिल प्रशिक्षण दे रहे हैं।



पाली. परामर्श प्रशिक्षण कोर्स की जानकारी देते आगीवाल।

फोटो | भास्कर

Sikar / Jhunjhunu

Report of training of Middle Level trainer and Yashodas.

Training-5 at District Hospital Sikar

Date: 6-11th Feb 2012

National Trainers: Dr.Gulshan Arora & Ms Ulka Jamal.

6 Participants (First 3 days) : 4 Medical officers & 2 Nurse

28 Participants (Last 3 days): Yashodas

This training course was started on 6th Feb 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants from district Sikar / Jhunjhunu. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Gulshan Arora. For the last 3 days 28 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (9th Feb 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 28 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

PMO District Hospital Sikar (Dr. P.K. Chaturvedi) chaired the Valedictory function on 11th Feb. 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





एक वर्ष बाद बच्चों को सम्पूर्ण आहार जरूरी

सीकर। बी.एन.आई.की ओर से शिव पैलेस होटल में 6 फरवरी से 11 फरवरी तक आयोजित किए जा रहे कार्यक्रम के बारे में यरिष्ठ शिशु रोग विशेषज्ञ डॉ.मदन सिंह फगोड़िया ने बताया कि दिल्ली से ट्रेनर आए।

बी.एन.आई.का मुख्य उद्देश्य है कि बच्चों को केवल छह माह तक स्तनपान तथा छह माह बाद सम्पूर्ण आहार भी देना चाहिए। 1 वर्ष से दो वर्ष तक बच्चों को स्तनपान करवाती है तो उसका 25 प्रतिशत ही होता है

तथा 75 प्रतिशत सम्पूर्ण आहार जरूरी है। इसमें मुख्य रूप से देखभाल पर जोर दिया। दिल्ली में ट्रेनर डॉ.बी.एल.अरोड़ा, डॉ.अलका आए उन्होंने परिसर सीकर में शिशु रोग विशेषज्ञ डॉ.मदन सिंह फगोड़िया,

डॉ.बी.एल.राड़ तथा प्रभा को इस अभियान से जोड़ा तथा झुंझुनू के डॉ.आर.के.भोणा, डॉ.नरेन्द्र सिंह शेखावत, कम्पाउण्डर अब्दुल सत्तार को भी इसमें लिया गया है। इसके हेल्थ मैनेजर यतेन्द्र सिंह है।

पहला टीका मां का दूध



सीकर। होटल शिव पैलेस में सोमवार को यशोदाओं को स्तनपान पर प्रशिक्षण दिया गया। इस दौरान चिकित्सा एवं स्वास्थ्य विभाग के राष्ट्रीय ट्रेनरों ने शिशु के लिए स्तनपान को स्वस्थता के लिए पहला टीका बताया। छह फरवरी से शुरू हुए इस प्रशिक्षण शिविर में नेशनल ट्रेनर जीएल अरोड़ा और उल्का जमाल के साथ डॉ. मदनसिंह फगोड़िया और डॉ. बीएल राड़ ने यशोदाओं को प्रशिक्षित किया। ट्रेनरों ने शिशु के लिए छह माह तक मां का दूध सर्वोत्तम आहार, दो वर्ष तक स्तनपान चालू रखने, बीमारी की स्थिति में स्तनपान जारी रखने, जन्म के समय घुट्टी, शहद गुठला से परहेज रखने से संबंधित बातों पर प्रकाश डाला।

Alwar

Report of training of Middle Level trainer and Yashoda.

Training-6 at District Hospital Alwar

Date:6th – 11th feb 2012

National Trainers: Dr. Anurag Aggarwal & Dr. Rupali Roy.

6 Participants (First 3 days) : 3 Medical officers and 1 Nursing tutor, 1 LHV & 1 Coordinator NRHM from district Alwar

25 Participants (Last 3 days): Yashoda from district Alwar

This training course was started on 6 Feb 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants **from district Alwar** The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Anurag Agarwal. For the last 3 days 25 Yashoda from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (9 feb,2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 25 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

RCHO Dr. K.M. Meena from Alwar chaired the Valedictory function on 11th Feb 2012. He appreciated the efforts done by BPNI in conducting this structured course , he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants





Dausa

Report of training of Middle Level trainer and Yashodas.

Training-7 at District Hospital DAUSA

Date: 13th -18th Feb 2012

National Trainers: Dr.Ali Jafar Abedi & Ms Ulka jamal

5 Participants (First 3 days) : 2 Medical officers 1 Nurse & 2 others

19 Participants (Last 3 days): Yashodas

This training course was started on 13th Feb 2012. There were 5Participants who attended the training. The National trainers conducted the training for 3 days of 5 participants from district Dausa . The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Ali Jafar Abedi. For the last 3 days 19 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (16th Feb 2012). And they were given the pre test. In Preparatory phase there was 5 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 19 Yashoda whose training was taken by these 5 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

Chief Medical Officer , District Hospital Dausa chaired the Valedictory function along with Senior Doctor on 18th Feb 2012. He appreciated the efforts done by BPNI in conducting this structured course , he

suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants



Chittorgarh / Pratapgarh

Report of training of Middle Level trainer and Yashoda.

Training- 8 at District Hospital Chittorgarh

Date:13th -18th February 2012

National Trainers: Dr.Praveen Kumar & Ms Lubna Abdullah.

5 Participants (First 3 days) : 3 Medical officers and 2 Yashoda supervisor from Chittorgarh and Pratapgarh

31 Participants (Last 3 days): Yashoda from Chittorgarh and Pratapgarh

This training course was started on 13 Feb 2012. There were 5 Participants who attended the training. The National trainers conducted the training for 3 days of 5 participants. **from Chittorgarh and Pratapgarh.** The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Ms Lubna Abdullah. For the last 3 days 31 Yashoda from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (16 Feb. 2012). And they were given the pre test. In Preparatory phase there was 5 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 24 Yashoda whose training was taken by these 5 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

RCHO of ANM Training Center Chittorgarh chaired the Valedictory function on 18th Feb 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





दैनिक भास्कर
चित्तौड़गढ़
 उदयपुर • बुधवार, 17 फरवरी, 2012

चित्तौड़गढ़, शिविर में प्रशिक्षण देते बीपीएनआई के पदाधिकारी।

मां का दूध बड़ा हितकारी

चित्तौड़गढ़। मां का दूध बड़ा हितकारी है। यह बात मेडिकल साइंस ने भी मानी है। जन्म के बाद से छह महीने तक के शिशुओं को केवल मां का दूध ही पिलाना जाना चाहिए। मां के दूध में बहुत ताकत होती है। यह बात गुरुवार को जिला स्वास्थ्य समिति, एनआईपीआई, बीपीएनआई नई दिल्ली के सहयोग से जिला नर्सिंग प्रशिक्षण केंद्र में नवजात एवं शिशुओं के स्तनपान तथा पूरक पोषाहार को सुदृढ़ करने के लिए चल रहे शिविर में मध्य स्तरीय प्रशिक्षकों एवं फ्रंटलाइन कार्यकर्ताओं को बीपीएनआई के डॉ. प्रवीण व लुबना अब्दुल्ला ने व्यक्त किए। सीएमएचओ डॉ. रविप्रकाश शर्मा व एनआरएचएम क जिला प्रबंधक विनायक मेहता ने बताया कि छह दिवसीय शिविर का समापन 18 फरवरी को होगा। राजेश अजमेरा ने बताया कि शिविर में चित्तौड़गढ़ एवं प्रतापगढ़ जिले के फ्रंटलाइन कार्यकर्ताओं को दिया जा रहा है। प्रशिक्षण के बाद प्रमाणपत्र दिए जाएंगे।

दैनिक भास्कर
 उदयपुर • बुधवार, 15 फरवरी, 2012 12

छह दिवसीय प्रशिक्षण शिविर शुरू

चित्तौड़गढ़। नवजात एवं शिशुओं के स्तनपान तथा पूरक पोषाहार को सुदृढ़ करने के लिए जिला स्वास्थ्य समिति, एनआईपीआई, बीपीएनआई नई दिल्ली के सहयोग से जिला नर्सिंग प्रशिक्षण केंद्र में मध्यस्तरीय प्रशिक्षकों एवं फ्रंटलाइन कार्यकर्ताओं का प्रशिक्षण शिविर शुरू हुआ। सीएमएचओ डॉ. रविप्रकाश शर्मा ने बताया कि आयोजित छह दिवसीय प्रशिक्षण शिविर में प्रशिक्षण दो चरणों में दिया जा रहा है। प्रथम चरण में चित्तौड़गढ़ जिला एवं दूसरे में प्रतापगढ़ जिले को दिया जा रहा है। प्रशिक्षण के बाद प्रमाण-पत्र दिए जाएंगे।

Jalore / Barmer / Jaisalmer

Report of training of Middle Level trainer and Yashodas.

Training- 9 at District Hospital Barmer

Date: 20th - 25th Feb 2012

National Trainers: Dr.Gulshan Arora & Ms. Ulka Jamal

9 Participants (First 3 days) : 6 Medical officers 1 Nurse & 2 others

17 Participants (Last 3 days): Yashodas

This training course was started on 20th Feb 2012. There were 9 Participants who attended the training. The National trainers conducted the training for 3 days of 9 participants from district Jalore / Barmer / jaisalmer. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Gulshan Arora. For the last 3 days 17 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (23rd Feb 2012). And they were given the pre test. In Preparatory phase there was 9 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 17 Yashoda whose training was taken by these 9 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

PMO District Hospital Barmer (Dr. R.K. Maheshwari) chaired the Valedictory function on 25th Feb. 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.



दैनिक भास्कर

बाड़मेर

जोधपुर (बाड़मेर)-
गुरुवार 24 फरवरी, 2012

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मां के दूध से शिशु का जीवन सुरक्षित राजकीय अस्पताल में डॉक्टर्स व यशोदाओं को प्रशिक्षण दिया

बाड़मेर | महिलाओं में नासमझी, भातियों व पाश्चात्य संस्कृति के प्रभाव के कारण मां के दूध की परंपरा धीरे-धीरे कम होती जा रही है। मां के दूध को बढ़ावा देने के लिए यशोदाएं 'मां' व शिशु के बीच सेतु का कार्य कर सकती हैं। यह बात राजकीय अस्पताल के ट्रेमा सेंटर में गुरुवार को आयोजित शिशु व बच्चों की आहार पूर्ति प्रशिक्षण शिविर को संबोधित करते हुए मुख्य अतिथि विधायक मेवाराम जैन ने कही। उन्होंने महिला स्वास्थ्यकर्ता से कहा कि वे महिलाओं को मां के दूध का महत्व बताएं। साथ ही स्तनपान से मां, बच्चे और परिवार को क्या फायदे हैं, उसकी जानकारी भी देने को कहा। पीएमओ डॉ. माहेश्वरी ने कहा कि यदि प्रत्येक माताएं शिशु जन्म के आधा घंटे में अपना दूध पिलाए तो लाखों बच्चों की जान बच सकती है। इसके लिए डॉक्टर्स, अस्पताल या दवा की जरूरत नहीं रहेगी।

सीएमएचओ डॉ. अजमल हुसैन ने कहा कि शिशु जन्म से पूर्व मां के गर्भ में संक्रमणों से सुरक्षित रहता है। जन्म के बाद स्तनपान के माध्यम से मां का दूध शिशु की रक्षा करता है। बीपीएन आई, एनआरएचएम व एनआईपीआई के संयुक्त तत्वावधान में आयोजित कार्यक्रम में बीपीएन आई दिल्ली के राष्ट्रीय ट्रेनर डॉ. जीएल अरोड़ा व ट्रेनर उल्का जमाल ने मातृ व शिशु मृत्यु दर रोकने में मां की भूमिका को महत्वपूर्ण बताया। इस दौरान बच्चे को किसी भी तरह का कोई आहार या पानी नहीं देना चाहिए। स्तनपान से दो बच्चों के बीच अंतराल में मदद मिलती है। इस मौके डॉ. महेंद्र चौधरी, डॉ. जगराम मीणा, नर्सिंग ट्रेनिंग सेंटर के प्राचार्य मीर मोहम्मद मुल्तानी, ट्यूटर चैनाराम, हेल्थ मैनेजर विजय कुमार, जनहित युवा संस्थान के अबरार मोहम्मद मौजूद थे। डॉ. अरोड़ा ने बताया कि प्रशिक्षण शिविर शनिवार तक चलेगा। प्रशिक्षण में बाड़मेर, जैसलमेर व जालोर के कई डॉक्टर्स, यशोदा व कार्यकर्ताओं ने भाग लिया।



Ganganagar / Hanumangarh

Report of training of Middle Level trainer and Yashodas.

Training- 10 at Civil Hospital SRI GANGANAGAR.

Date: 20th-25th Feb 2012

National Trainers: Dr.Amarjit Singh & Mr S.K. Mehta

6 Participants (First 3 days) : 4 Medical officers 2 Nurse

10 Participants (Last 3 days): Yashodas

This training course was started on 20th Feb 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants from district Sri Ganganagr / Hanumangarh. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Amarjit Singh. For the last 3 days 10 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (23rd Feb 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 10 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

CMO District Hospital Sri Ganganagar (Dr. Barar) chaired the Valedictory function on 25th Feb. 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





Dholpur / Sawai Madhopur

Report of training of Middle Level trainer and Yashoda.

Training-11 at District Hospital Sawai Madhopur

Date:27th Feb – 3rd March 2012

National Trainers: Dr.Kanchan saxena & Ms Lubna Abdullah.

6 Participants (First 3 days) : 3 Medical officers, 2 Yashoda supervisor & 1 male Staff nurse from Sawai Madhopur

29 Participants (Last 3 days): Yashoda from Dholpur / Sawai Madhopur

This training course was started on 27 Feb 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants **from Sawai Madhopur**. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Ms Lubna Abdullah. For the last 3 days 29 Yashoda from districts **Dholpur / Sawai Madhopur** attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (1th March. 2012). And they were given the pre test. In Preparatory phase there was 5 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 29 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

Karauli

Report of training of Middle Level trainer and Yashodas.

Training -12 at District Hospital KARAU LI

Date: 27th Feb – 3 March 2012

National Trainers: Ms. ULka Jamal & Mr S.K.Mehta

6 Participants (First 3 days) : 2 Medical officers, 2 Nurse & 1 Yashoda supervisor

30 Participants (Last 3 days): Yashodas

This training course was started on 27th 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants from district Karau li. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Ms Ulka Jamal. For the last 3 days 30 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (1st March 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 30 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

PMO District Hospital Karauli (Dr M.L.Gupta) chaired the Valedictory function on 3rd March. 2012. He appreciated the efforts done by BPNI in conducting this structured course , he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





Udaipur / Rajsamand

Report of training of Middle Level trainer and Yashodas.

Training-13 at UDAIPUR

Date: 12th-17th March 2012

National Trainers: Dr.MMA Faridi & Ms. Lubna Abdullah

6 Participants (First 3 days) : 4 Medical officers, 1 Nursing Tutor & 1 Yashoda Supervisor

18 Participants (Last 3 days): Yashodas

This training course was started on 12th March 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants from district Udaipur / Rajsamand. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr.MMA Faridi. For the last 3 days 18 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (15th March 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 18 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

RCHO Udaipur (Dr. Ramesh Sharma) chaired the Valedictory function on 17th March 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.



Jaipur

Report of training of Middle Level trainer and Yashodas.

Training -14 at CHC BASSI

Date: 12th – 17th March 2012

National Trainers: Dr. Anurag Agarwal & Dr.Khan Amir Maroof

5 Participants (First 3 days) : 2 Medical officers, 3 Others

35 Participants (Last 3 days): Yashodas

This training course was started on 12th March 2012. There were 5 Participants who attended the training. The National trainers conducted the training for 3 days of 5 participants from Bassi & Chomu Block district Jaipur. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Anurag Agarwal. For the last 3 days 35 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (15th March 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 35 Yashoda whose training was taken by these 65MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

BCMO, CHC Bassi (Dr Kothiwalla) chaired the Valedictory function with CHC Incharge (Dr. Dinesh Mittal) on 17th March. 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.





Dungarpur / Banswara

Report of training of Middle Level trainer and Yashodas.

Training.-15 at District Hospital BANSWARA

Date: 19th – 24th March 2012

National Trainers: Dr Nikhil Kharod & Ms. ULka Jamal

6 Participants (First 3 days) :4 Medical officers, 1 Nurse & 1 Other

23 Participants (Last 3 days): Yashodas

This training course was started on 19th March 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants from district Banswara / Dungarpur. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Nikhil Kharod. For the last 3 days 23 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (22nd March 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 23 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

CMHO District Hospital Banswara chaired the Valedictory function on 24th March, 2012. He appreciated the efforts done by BPNI in conducting this structured course, he suggested that such training should be conducted at regular interval and the benefits of these trainings must reach up to the family level through Yashodas. At the end of the training certificate were distributed to all the participants.



Bharatpur

Report of training of Middle Level trainer and Yashodas.

Training -16 at District Hospital BHARATPUR

Date: 19th- 24th March 2012

National Trainers: Dr.Sangeeta Rani & Dr Pardeep Khanna

6 Participants (First 3 days) : 3 Medical officers & 3 Nurses

33 Participants (Last 3 days): Yashodas

This training course was started on 19th March 2012. There were 6 Participants who attended the training. The National trainers conducted the training for 3 days of 6 participants. from district Bharatpur. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Pardeep Khanna. For the last 3 days 33 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (22nd March 2012). And they were given the pre test. In Preparatory phase there was 6 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 33 Yashoda whose training was taken by these 6 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

CS, District Hospital was invited and National Trainers (Dr Pardeep Khanna, Dr Sangeeta Rani) chaired the Vallidictory Function on 24th March. At the end of the training certificate were distributed to all the participants.





Kota / Bundi / Jhalawar / Baran

Report of training of Middle Level trainer and Yashodas.

Training- 17 at District Hospital KOTA

Date: 26th – 31st March 2012

National Trainers: Dr. Gulshan Arora & Ms Ulka Jamal.

8 Participants (First 3 days) : 3 Medical officers & 5 Others

29 Participants (Last 3 days): Yashodas

This training course was started on 26th March 2012. There were 8 Participants who attended the training. The National trainers conducted the training for 3 days of 8 participants from district Kota. The training was started with the pre evaluation test of the participants. The objective and the course content of the training were explained by Dr Gulshan Arora. For the last 3 days 29 Yashodas from same districts attended the training.

There was 6 days training which has 2 phases i.e. first phase was preparatory phase which comprised of 18 theoretical session, 2 clinical practices and 2 practice session. These courses also have practical demonstration and role plays. Yashoda joined on 4th day (27th March 2012). And they were given the pre test. In Preparatory phase there was 8 participants who were trained as a Middle Level Trainers (MLTs) and in participatory phase there were 29 Yashoda whose training was taken by these 8 MLTs under our supervision. Pre and Post evaluation test result (See Annex 2)

CMO was invited for valedictory Function. National Trainers (Dr. Gulshan Arora and Ms Ulka Jamal) chaired the Valedictory function on 31st March 2012. At the end of the training certificate were distributed to all the participants.

