



# Training Course on Infant and Young Child Feeding Counseling in 8 Districts of Punjab



**Development of 607 Middle Level Trainers &  
Training of 8602 Frontline Workers**  
*(October 2010 – March 2011)*

## A Report

Submitted to:



**National Rural Health Mission (NRHM)**  
Department of Health and Family Welfare  
Government of Punjab  
CHANDIGARH-160036

Submitted by:



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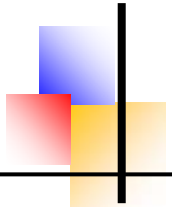
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## *Acknowledgement*

Breastfeeding Promotion Network of India (BPNI) is deeply grateful for the support from the Ministry of Health Government of Punjab in moving forward the issue of breastfeeding and infant and young child feeding. This is an invaluable support for the people of Punjab.

Our special thanks to Shri Satish Chandra, Principal Secretary, Department of Health and Family Welfare Government of Punjab for his guidance, ongoing support and trust in us to provide this special training on infant and young child feeding counseling. This led to development of hundreds of 'middle level trainers' who in turn trained thousands of frontline workers.

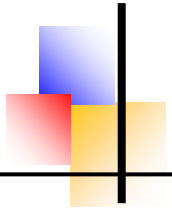
BPNI wishes to thank all the civil surgeons, their staff, officers, of the districts where this training was conducted. Their cooperation was extremely useful to the success of this work in all the 8 districts. They provided all the facilities and logistic support for smooth conduct of the training courses.

We deeply appreciate the role of Dr. Meenu Lakhanpal, state NGO coordinator of NRHM Punjab for her help and support in execution of this whole project. She had been coordinating this project with utmost interest.

We sincerely acknowledge the contribution of all our national trainers, without their help we would not have successfully accomplished 20 training courses over a six-month period.

We hope that BPNI lived up to the expectations of the Government of Punjab!

**BPNI Team**



## ***Introduction***

The National Rural Health Mission (NRHM), India's flagship programme aims to lower down maternal and infant mortality. Government of India seeks to work towards bringing down IMR faster than what is going on now. The optimal infant feeding has been recognised to be key interventions for this purpose. The recommended optimal feeding of children is to initiate breastfeeding within one hour of birth, practicing exclusive breastfeeding for the first six months of life and continued breastfeeding through the second year of life along with timely, appropriate and adequate complementary feeding from the family pot.

Policy support to the work is provided through the National Guidelines on Infant and Young Child Feeding, Government of India (2006) and the Infant Milk Substitutes Feeding Bottles, and Infant Foods (Regulation of Production, Supply and Distribution) Act 1992, Amendment Act 2003, which recognise that child mortality is closely linked with inappropriate feeding and malnutrition, and poor infant feeding is caused by pervasive promotion of baby foods, against inadequate promotion of breastfeeding by the State, and this is a contributing factor to malnutrition and deaths of children.

## ***Background and Review***

Undernutrition is an underlying cause of an estimated 53 per cent of all under-five deaths. Those who survive may be locked into a vicious cycle of recurring sickness and faltering growth, often with irreversible damage to their cognitive and social development. Pioneering Nutrition scientist Victora<sup>1</sup> has argued clearly in favour of increased investments in action on breastfeeding and complementary feeding and rightly noted that this topic has received little funding, especially when compared with large investments for the control of other diseases. There is urgent need for strengthening investments for community-based approaches to early life nutrition, most notably promoting exclusive breastfeeding, the effect of which on child survival and nutritional status is well established<sup>2</sup>. The World Health Statistics Report 2009 recognized that poor infant feeding - not being exclusively breastfed for the first months of life - is a risk factor for survival of the child. Evidence presented in the Lancet 2003<sup>3</sup> and later in 2008, clearly pointed out the role of early and exclusive breastfeeding in child survival. Importantly, suboptimal breastfeeding in the first six months of life is associated with 77% of all child deaths and 85% of all DALYs lost in this period. According to this report, predominant breastfeeding (breastfeeding plus water) increases the risk of child mortality by 1.48 times as compared to exclusive breastfeeding. Partial breastfeeding (breastmilk plus other milks or foods) increases the child mortality by 2.8 times as compared to exclusive breastfeeding. The relative risk for prevalence of diarrhea is 1.26 and 3.04 for predominant and partial breastfeeding as compared to exclusive breastfeeding. The relative risk for pneumonia is 1.79 and 2.49 for predominant and partial breastfeeding as compared to exclusive breastfeeding. Such a risk analysis on predominant vs. partial breastfeeding has not been done earlier according to the authors of the Lancet study. Another area of immense public health importance is the significant reduction of adult onset diseases such as diabetes type II and hypertension, in persons who were given breastfeeding in their childhood.<sup>4</sup> Studies from India have shown that lipid profile of exclusively breastfed infants is different from that of mixed-fed babies<sup>5</sup>. This has long term implications on the health of the people later in life.

<sup>1</sup> Victora C. Nutrition in early life: a global priority. *The Lancet* 2009; 374 (9696):1123 – 1125.

<sup>2</sup> Bhutta ZA, Ahmed T, Black RE, et al for the Maternal and Child Undernutrition Study Group. What works? Interventions for maternal and child undernutrition and survival. *Lancet* 2008; 371: 417-440.

<sup>3</sup> Jones, G., et al., How many child deaths can we prevent this year? *Lancet*, 2003. **362**(9377): p. 65-71.

<sup>4</sup> Horta BL, Bahl R, Martines JC, Victora CG (Eds.). Evidence on the long-term effects of breastfeeding: systematic reviews and meta-analysis. World Health Organization, Geneva, 2007. [http://www.thelancet.com/collections/neonatal\\_survival](http://www.thelancet.com/collections/neonatal_survival)

<sup>5</sup> Harit D, Faridi MMA, Aggarwal A, Sharma SB. Lipid profile of term infants on exclusive breastfeeding and mixed feeding: A comparative study. *Eur J Clin Nutr* 2008; 62:203-209.



## ***About BPNI***

The Breastfeeding Promotion Network of India (BPNI) is an independent, non-profit NGO, registered under the Societies Registration Act XXI of 1860, Delhi (R.No. S-23144). BPNI is working for the past 19 years on protection, promotion and support of breastfeeding in India. BPNI is also registered under FCRA (FCRA No. 231650680). BPNI is notified in the official Gazette of India, wide Notification of the Ministry of HRD (G.S.R. 540, dated 27 July 1995), under clause (c) of subsection (1) of Section 21, of the “Infant Milk Substitutes, Feeding Bottles and Infant Foods (Regulation of Production, Supply and Distribution) Act 1992”, to monitor the compliance with this Act and initiate legal action.

BPNI has long experience in development of training programmes for breastfeeding and complementary feeding counseling, BPNI has the capability, and can provide service of building capacity of health workers’ skills of breastfeeding and complementary feeding support and counselling. BPNI has been doing similar skill capacity building for in partnership with Punjab, Haryana, and AP over the past 2 years. BPNI is synonymous with capability and commitment and it is the only civil society organisation that works solely on breastfeeding related issues in India.

## ***State of Breastfeeding Practices in 8 Districts of Punjab***

In Punjab, infant mortality rate is about 42, and 25% children are underweight by 3 years meaning Lakhs of children are underweight thus will not develop to their full potential. Brain develops almost entirely during first 2 years of life, it means optimal nutrition inputs are critical at this point of time, or we will face the consequences of undernutrition, which are irreversible after that. This determines the future of Lakhs of children of our society. District Level Household Survey (2007-2008) of 8 districts of Punjab in respect of the IYCF indicators are follows:

**TABLE-1**

<i>District</i>	<i>Initiation of Breastfeeding within one hour of birth - %</i>	<i>Exclusive breastfeeding (0-6 months) - %</i>
<i>Amritsar</i>	47.5	9.1
<i>Barnala</i>	24.5	7.4
<i>Hoshiarpur</i>	27.9	11.2
<i>Jalandhar</i>	30.6	11.2
<i>Kapurthala</i>	35.5	8.3
<i>Mohali</i>	42.9	18.4
<i>Patiala</i>	35.4	14.2
<i>Sangrur</i>	42.3	10.7
<b>Punjab</b>	<b>44.6</b>	<b>32.4</b>

## Evidence

Optimal infant and young child feeding is the most effective single intervention to improve child health, prevent malnutrition and reduce neonatal, infant and child mortality. It is well documented that breastfeeding is the optimal nutrition for infants and reduces the risk of infectious diseases like diarrhoea and pneumonia substantially. Breastfeeding may also enhance the effect of some vaccines. Improvements of complementary feeding could substantially reduce stunting and related burden of disease. Thus, effective interventions to improve infant and young child feeding will have positive effects on child morbidity and mortality, as well as adult human capital. Despite the importance of nutrition in early life, there are few examples of large-scale effective interventions from India, where 42.5% of children under 5 are underweight.

An assessment of different interventions to reduce undernutrition showed that counseling about breastfeeding has one of the greatest potentials to reduce the burden of child morbidity and mortality.

Complementary feeding could also be improved through nutrition counseling, although additional measures may be necessary in food insecure settings.

## *Skilled Capacity Building*

The table 1 shows that lot of work is needed to train the workers and improve these key indicators for changing behaviour at the community level, its link with growth monitoring, improved understanding of community towards such improvements and its contribution to lowering down of infant morbidity.

BPNI has developed a complete programme on this subject and how to reach family level. This 3 -day course has been field tested and found to be useful by the National Institute of Public Cooperation and Child Development (NIPCCD), Government of India and was used as the input in Lalitpur experiment.

There is however no human resource or little available at the health facility or at village /family level to promote this practice appropriately. We need to train village family workers, using a 3-day training course (ASHAs, ANM, LHVs) and prepare Middle level trainers to train them in 6 days in each district. ('3 in 1' Infant and Young Child feeding counselling: A training programme, (Integrated breastfeeding, complementary feeding and infant feeding & HIV counselling). This has been recently updated to include growth monitoring. These MLTs could mentor and supervise the work after training as well.

Apart from this human resource capacity, awareness of community people, health workers and doctors is also required. Needless to say, other entitlements of women like maternity benefits, community support is also needed to increase optimal breastfeeding rates.

Ministry of Health and NRHM/RCH could play a direct role through state/district level coordinated action as done in Lalitpur.<sup>6</sup>

The Breastfeeding Promotion Network of India (BPNI) submitted this proposal with an objective to enhance early and exclusive breastfeeding for the first six months in 8 districts of Punjab State through capacity building of the district level doctors and nurses and frontline workers.

## *The Work*

In view of this situation and with the intent to enhance optimal breastfeeding rates, among range of activities that have been conducted, Punjab government NRHM, selected eight districts of Punjab, Amritsar, Barnala, Hoshiarpur, Jalandhar, Kapurthala, Mohali, Patiala and Sangrur. We were invited to strengthen the district capacity for counseling on breastfeeding and complementary feeding.

<sup>6</sup> Kushwaha KP. Reaching the Under 2S: Universalising delivery of nutrition interventions in district Lalitpur, Uttar Pradesh. Department of Pediatrics, BRD Medical College, Gorakhpur 2010. <http://bpni.org/BFHI/Reaching-the-under-2S-Universalising-Delivery-of-Nutrition-Interventions-in-Lalitpur-UP.pdf>

In this project implemented in the year 2008-2009, BPNI trained Middle level trainers (MLTs) from the health sector including medical officers and staff nurses, who could also act as support system for any referral. The middle level trainers further trained frontline workers at the village level i.e. ASHA and ANM in counselling on breastfeeding and complementary feeding. This created a district level model for intensive counselling support under NRHM.

### *The Process and Role of Partners*

The representatives of BPNI, Delhi (HQ) had a meeting with the Mission Director (NRHM), Govt. of Punjab and other concerned officers of the Dept. of Health and Family Welfare. On 25<sup>th</sup> September 2010 during civil surgeon monthly meeting in which Health Minister and Principal Secretary (Health) were there. All the aspects of the IYCF Counseling Training (3 in 1) were explained by giving a presentation. Accordingly a proposal was submitted for the training of middle level trainers for the 8 districts of Punjab. After the approval of the proposal the MOU was finalized between BPNI Delhi (HQ) and NRHM Punjab during September 2010. The representatives of BPNI then arranged a meeting with the Civil Surgeons of eight districts for finalizing the dates of the MLT trainings and other logistic support.

State NRHM facilitated coordination with the district authorities. The participants for MLTs were identified and deputed by the respective Civil Surgeons. BPNI Delhi HQ deputed the National Trainers for the 6 days IYCF counseling training course for the MLT training and arranged for the training material, venue, audio visual aid, honorarium and travel expenses for the trainers. These trained MLTs further conducted 3-day training on IYCF Counseling for the ANM/ASHA workers at their PHC/CHC. The National Trainers of BPNI supervised 48 such 3-days training courses at CHC/PHC in 8 districts. After the completion of 20 batches of MLT trainings in these districts, a detailed report was submitted to NRHM Punjab.

**TABLE-2**

S.No.	District	Training	Date	Medical Officers	Nurses	Total
1	Amritsar	Batch-1	27 Dec 2010 - 1 Jan 2011	11	18	29
2	Amritsar	Batch-2	17 - 22 Jan 2011	10	15	25
3	Amritsar	Batch-3	14 -19 Feb 2011	10	30	40
4	Barnala	Batch-1	25-30 Oct 2010	8	25	33
5	Hoshiarpur	Batch-1	13-18 Dec 2010	10	19	29
6	Hoshiarpur	Batch-2	17-22 Jan 2010	12	16	28
7	Hoshiarpur	Batch-3	7-12 Feb 2011	13	21	34
8	Jalandhar	Batch-1	27 Dec 2010 - 1 Jan 2011	7	20	27
9	Jalandhar	Batch-2	3-8 Jan 2011	8	23	31
10	Jalandhar	Batch-3	10-15 Jan 2011	21	18	39
11	Kapurthala	Batch-1	13-18 Dec 2010	9	16	25
12	Kapurthala	Batch-2	3-8 Jan 2011	8	18	26
13	Mohali	Batch-1	18-23 Oct 2010	8	16	24
14	Mohali	Batch-2	25-30 Oct 2010	8	16	24
15	Patiala	Batch-1	17 - 22 Jan 2011	12	22	34
16	Patiala	Batch-2	7-12 Feb 2011	10	23	33
17	Patiala	Batch-3	14-19 Feb 2011	11	24	35
18	Sangrur	Batch-1	22-27 Nov 2010	9	22	31
19	Sangrur	Batch-2	29 Nov - 4 Dec 2010	10	17	27
20	Sangrur	Batch-3	7-12 March 2011	11	22	33
<b>Total</b>				<b>206</b>	<b>401</b>	<b>607</b>

## ***Report of Training of Middle Level Trainers***

Twenty training courses of 6-day duration were conducted in these 8 districts to develop 607 Middle Level Trainers (MLTs) consisting of 206 Medical Officers and 401 Staff Nurses. Existing team of BPNI trainers from Delhi, Punjab, Madhya Pradesh, Uttarakhand, Uttar Pradesh and other parts of India conducted these courses. These training courses were held at 8 districts HQ and the clinical practice was conducted at the respective civil hospitals. All the participants appreciated the quality and contents of the training course.



### **Middle Level Training Courses**

## **AMRITSAR**

***Batch No.1 at Training Annexe, Amritsar***

Date: 27<sup>th</sup> December 2010 – 1<sup>st</sup> January 2011

29 Participants: 11 Medical Officers & 18 Staff Nurses

This training course was inaugurated by Civil Surgeon, Amritsar on 27<sup>th</sup> December 2010. The objective and course content of the training was explained by Dr. Ramneek Sharma. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Amritsar, chaired the valedictory function on 1<sup>st</sup> January 2011, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



**Batch No.2 at Training Annexe, Amritsar**Date: 17<sup>th</sup> – 22<sup>nd</sup> January 2011

25 Participants: 10 Medical Officers and 15 Staff Nurses

This training course was inaugurated by Civil Surgeon, Amritsar on 17<sup>th</sup> January 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Amritsar, along with all the district health officers on 22<sup>nd</sup> January 2011.

**Batch No.3 at Training Annexe, Amritsar**Date: 14<sup>th</sup> – 19<sup>th</sup> February 2011

40 Participants: 10 Medical Officers and 30 Staff Nurses

This training course was inaugurated by Civil Surgeon, Amritsar on 14<sup>th</sup> February 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Amritsar, along with all the district health officers on 19<sup>th</sup> February 2011.



# BARNALA

## *Middle Level Training Centra at Barnala*

Date: 25<sup>th</sup> – 30<sup>th</sup> October 2010

33 Participants: 8 Medical Officers & 25 Staff Nurses

This training course was inaugurated by Civil Surgeon, Barnala on 25.10.10. The objective and course content of the training was explained by Shri P K Sudhir, Coordinator (Finance and Training) of BPNI. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Barnala, chaired the valedictory function on 30<sup>th</sup> October 2010, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



# HOSHIARPUR

## **Batch No.1 at Training Annexe, Hoshiarpur**

Date: 13<sup>th</sup> – 18<sup>th</sup> December 2010

29 Participants: 10 Medical Officers & 19 Staff Nurses

This training course was inaugurated by Civil Surgeon, Hoshiarpur on 13<sup>th</sup> December 2010. The objective and course content of the training was explained by Dr. Ramneek Sharma. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Hoshiarpur, chaired the valedictory function on 18<sup>th</sup> December 2010, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



## **Batch No.2 at Training Annexe, Hoshiarpur**

Date: 17<sup>th</sup> – 22<sup>nd</sup> January 2011

28 Participants: 12 Medical Officers and 16 Staff Nurses

This training course was inaugurated by Civil Surgeon, Hoshiarpur on 17<sup>th</sup> January 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Hoshiarpur, along with all the district health officers on 22<sup>nd</sup> January 2011.



## **Batch No.3 at Training Annexe, Hoshiarpur**

Date: 7<sup>th</sup> – 12<sup>th</sup> February 2011

34 Participants: 13 Medical Officers and 21 Staff Nurses

This training course was inaugurated by Civil Surgeon, Hoshiarpur on 7<sup>th</sup> February 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Hoshiarpur, along with all the district health officers on 12<sup>th</sup> February 2011.



# JALANDHAR

## *Batch No.1 at Training Annexe, Jalandhar*

Date: 27 December 2010 – 1<sup>st</sup> January 2011

27 Participants: 7 Medical Officers & 20 Staff Nurses

This training course was inaugurated by Civil Surgeon, Jalandhar on 27<sup>th</sup> December 2010. The objective and course content of the training was explained by Dr. Sangeeta Rani. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.



District Family Welfare Officer, Jalandhar, chaired the valedictory function on 1<sup>st</sup> January 2011, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



## *Batch No.2 at Training Annexe, Jalandhar*

Date: 3<sup>rd</sup> – 8<sup>th</sup> January 2011

31 Participants: 8 Medical Officers and 23 Staff Nurses

This training course was inaugurated by Civil Surgeon, Jalandhar on 3<sup>rd</sup> January 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Jalandhar, along with all the district health officers on 8<sup>th</sup> January 2011.





### Batch No.3 at Training Annexe, Jalandhar

Date: 10<sup>th</sup> – 15<sup>th</sup> January 2011

39 Participants: 21 Medical Officers and 18 Staff Nurses

This training course was inaugurated by Civil Surgeon, Jalandhar on 10<sup>th</sup> January 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Jalandhar, along with all the district health officers on 15<sup>th</sup> January 2011.

### 'Breastfeeding must for infants'



Health officials attend a training session at the civil hospital in Jalandhar on Monday.

**HT Correspondent**  
 chdnewsdesk@hindustantimes.com

**JALANDHAR:** Under the National Rural Health Mission, the district health authorities on Monday concluded the last session of a week-long training programme on 'infant and children feed' in association with the Breastfeeding Promotion Network of India (BPNI) at the civil hospital here.

Inaugurating the training session, Dr Maninder Minhas, district family welfare officer, said that it was the call of the day for mothers to give breastfeed to infants and children for their overall development.

"We should avoid the old ritual of gurti (first food-mostly honey) to newborns as it can lead to infectious diseases. It is the duty of the faculty deputed at primary health centres, community health centres and civil hospitals to make aware the pregnant women about the importance of breastfeed during their routine check-ups," she added.

Dhankar Navak, national trainer of BPNI from Karnataka, asserted that breastfeed could prevent infants and children from respiratory diseases, allergy and skin diseases besides providing good health.

"Breastfeeding is healthier feed for infants, which plays an important role in the overall development of new-born children. It is not only beneficial to infants but also for mothers and it will decrease the maternal and infant mortality rates," he added.

Dr Kanchan Nigam and Lubna Abdullah from Delhi, while addressing the session, said that only mother's feed should be given to the infants up to six months, which prevents the two from various diseases. Dr Rajinder Gulati, national trainer, said mother's feed contains vitamin A, which provides good health to infants.

### Six-day training workshop on breastfeeding begins

**HT Correspondent**  
 chdnewsdesk@hindustantimes.com

**JALANDHAR:** The district health authorities on Monday organised a training workshop on the 'newly-born and feed' in association with the Breastfeeding Promotion Network of India at the civil hospital under the National Rural Health Mission. The workshop will last for six days.

Dr SK Gupta, civil surgeon, inaugurating the workshop, said breastfeeding is healthier feed for infants, which played an important role in the overall development of children. "Breastfeeding is also beneficial for the health of mother. It decreases death rate among infants," he added.

Dr Sarageta, training coordinator, said only mother's feed be given to infants up to six months, which prevented both from various diseases. "Breastfeeding also works as first vaccination for infants through which 19% deaths among newly-borns can be stopped," she added. Dr Anurag said mother's feed could prevent the child from allergy, skin diseases and asthma and the parents must avoid feeding anything prior to mother's feed as it could prove injurious.

**THE WORKSHOP WAS HELD IN ASSOCIATION WITH THE BREASTFEEDING PROMOTION NETWORK OF INDIA**



Civil surgeon Dr SK Gupta addresses a training workshop on breastfeeding at the civil hospital in Jalandhar on Monday.

## KAPURTHALA

### Batch No.1 at Training Annexe, Kapurthala

Date: 13<sup>th</sup> – 18<sup>th</sup> December 2010

25 Participants: 9 Medical Officers & 16 Staff Nurses

This training course was inaugurated by Civil Surgeon, Kapurthala on 13<sup>th</sup> December 2010. The objective and course content of the training was explained by Dr. MMA Faridi. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Kapurthala, chaired the valedictory function on 18<sup>th</sup> December 2010, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



***Batch No.2 at Training Annexe, Kapurthala***

Date: 3<sup>rd</sup> – 8<sup>th</sup> January 2011

26 Participants: 8 Medical Officers and 18 Staff Nurses

This training course was inaugurated by Civil Surgeon, Kapurthala on 3<sup>rd</sup> January 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Kapurthala, along with all the district health officers on 8<sup>th</sup> January 2011.



# MOHALI

## *Batch No.1 at State Training Institute at Mohali*

Date: 18<sup>th</sup> – 23<sup>rd</sup> October 2010

24 Participants: 8 Medical Officers & 16 Staff Nurses

This training course was inaugurated by Civil Surgeon, Mohali on 18.10.10. The objective and course content of the training was explained by Shri P K Sudhir, Coordinator (Finance and Training) of BPNI. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Mohali, chaired the valedictory function on 23<sup>rd</sup> October 2010, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



## *Batch No.2 at State Training Institute at Mohali*

Date: 25<sup>th</sup> – 30<sup>th</sup> October 2010

24 Participants: 8 Medical Officers and 16 Staff Nurses

This training course was inaugurated by Civil Surgeon, Mohali on 25.10.09. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Mohali, along with all the district health officers.



# PATIALA

Batch No.1 at Training Annexe, Patiala

Date: 17<sup>th</sup> – 22<sup>nd</sup> January 2011

34 Participants: 12 Medical Officers & 22 Staff Nurses

This training course was inaugurated by Civil Surgeon, Patiala on 17<sup>th</sup> January 2011. The objective and course content of the training was explained by Dr. Paramjit Kaur. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.

District Family Welfare Officer, Patiala, chaired the valedictory function on 22<sup>nd</sup> January 2011, along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).



## नवजात बच्चों की देखभाल का प्रैक्टिकल दौर शुरू



पटियाला के माता कौशल्या अस्पताल में नवजात बच्चों की देखभाल के लिए आयोजित सेमिनार में नाटक मंचन करते आयोजक। (दाएं) सेमिनार में भाग लेते विभिन्न ब्लॉकों के डॉक्टर व स्टाफ नर्सों।

संवाददाता, पटियाला : नवजात बच्चों की समुचित देखभाल के लिए माता कौशल्या अस्पताल में चल रहे छह दिवसीय सेमिनार के पांचवें दिन ट्रेनिंग का प्रैक्टिकल दौर शुरू हुआ। सेमिनार की संचालिका डा.

परमजीत कौर को अगुवाई में शुरू हुए प्रैक्टिकल के दौरान नवजात बच्चों की माताओं को बच्चे की देखभाल के स्पेशल टिप्स प्रदान किए गए।

डा. कौर ने बताया कि सेमिनार के

अंतिम दिन भी प्रैक्टिकल का दौर जारी रहेगा। इस दौरान माताओं को अपने बच्चों को दूध पिलाने के अलावा उन्हें उचित आहार देने के बारे में जानकारी प्रदान की जा रही है। साथ ही बच्चों की देखभाल के

बारे में भी जानकारी दी जा रही है। प्रैक्टिकल सेशन के दौरान ट्रेनिंग हासिल करने वाले ट्रेनिंग और नवजात बच्चों की माताओं के साथ हुई बातचीत का आकलन भी किया गया।

22/01/2011

DAINIK JAGRAN

**Batch No.2 at Government Medical College, Patiala**

Date: 7<sup>th</sup> – 12<sup>th</sup> February 2011

33 Participants: 10 Medical Officers and 23 Staff Nurses

This training course was inaugurated by Principal, Government Medical College, Patiala on 7<sup>th</sup> February 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Patiala, along with all the district health officers on 12<sup>th</sup> February 2011.



**Batch No.3 at Training Annexe, Patiala**

Date: 14<sup>th</sup> – 19<sup>th</sup> February 2011

35 Participants: 11 Medical Officers and 24 Staff Nurses

This training course was inaugurated by Civil Surgeon, Patiala on 14<sup>th</sup> February 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Patiala, along with all the district health officers on 19<sup>th</sup> February 2011.



# SANGRUR

## ***Batch No.1 at Training Annexe, Sangrur***

Date: 22<sup>nd</sup> – 27<sup>th</sup> November 2010

31 Participants: 9 Medical Officers & 22 Staff Nurses

This training course was inaugurated by Civil Surgeon, Sangrur on 22<sup>nd</sup> November 2010. The objective and course content of the training was explained by Shri P K Sudhir, Coordinator (Finance and Training) of BPNI. The Civil Surgeon in his inaugural speech appreciated the efforts being done by BPNI. National Trainers of BPNI conducted this 6 day training course which comprised clinical practice for 3 days in the government hospital. These courses also had practical demonstration and role plays. Copy of the course content is enclosed.



District Family Welfare Officer, Sangrur, chaired the valedictory function on 22<sup>nd</sup> November 2010,

along with all the district health officers. He suggested that such trainings should be conducted regularly and the benefit of these trainings must reach up to the family level through grassroots level workers (ANM/ASHA).

## ***Batch No.2 at Training Annexe, Sangrur***

Date: 29<sup>th</sup> Nov - 4<sup>th</sup> December 2010

27 Participants: 9 Medical Officers and 18 Staff Nurses

This training course was inaugurated by Civil Surgeon, Sangrur on 29<sup>th</sup> November 2010. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Sangrur, along with all the district health officers on 4<sup>th</sup> December 2010.



***Batch No.3 at Training Annexe, Sangrur***

Date: 7<sup>th</sup> – 12<sup>th</sup> March 2011

33 Participants: 11 Medical Officers and 22 Staff Nurses

This training course was inaugurated by Civil Surgeon, Sangrur on 7<sup>th</sup> March 2011. The same process of training was adopted for this batch of the training course. The valedictory function was chaired by District Family Welfare Officer, Sangrur, along with all the district health officers on 12<sup>th</sup> March 2011.



### ***Supervision of 3 days Training of ASHAs and ANMs***

**Amritsar:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. Thirty two such trainings have been conducted at CHC/PHC level to cover 1420 ANM /ASHA workers in this district. Out of these 32 trainings, 8 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Barnala:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 10 such trainings have been conducted at CHC/PHC level to cover 401 ANM /ASHA workers in this district. Out of these 10 trainings, 3 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Hoshiarpur:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 37 such trainings have been conducted at CHC/PHC level to cover 1488 ANM /ASHA workers in this district. Out of these 37 trainings, 7 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Jalandhar:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 36 such trainings have been conducted at CHC/PHC level to cover 1433 ANM /ASHA workers in this district. Out of these 36 trainings, 9 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Kapurthala:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 19 such trainings have been conducted at CHC/PHC level to cover 757 ANM /ASHA workers in this district. Out of these 19 trainings, 4 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Mohali:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 14 such trainings have been conducted at CHC/PHC level to cover 562 ANM /ASHA workers in this district. Out of these 14 trainings, 4 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Patiala:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 34 such trainings have been conducted at CHC/PHC level to cover 1343 ANM /ASHA workers in this district. Out of these 34 trainings, 6 such trainings were supervised by the National Trainers of BPNI. In this

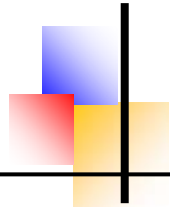


process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.

**Sangrur:** The Middle Level Trainers (MLTs) trained in this district have further conducted a 3 day training of Frontline workers (ANM/ASHA) at the block level by forming a team of one doctor and 2 staff nurses. 30 such trainings have been conducted at CHC/PHC level to cover 1198 ANM /ASHA workers in this district. Out of these 30 trainings, 7 such trainings were supervised by the National Trainers of BPNI. In this process, all the ANMs/ASHA workers have been trained in the IYCF Counseling training and they are expected to deliver this knowledge and skill to the community and family level.



## Annexes





## COURSE CONTENTS

### Capacity Building Training Program for Developing Middle Level Trainers to train frontline Workers/ANM/ASHA

#### Infant and Young Child Feeding Counseling: A training course (The 3 in 1 course)

(an Integrated course on breastfeeding, Complementary feeding & Infant Feeding & HIV – Counseling)



NAME OF DISTRICT (DATE FROM ----- TO -----)

Time	Day 1 (Date)	Day 2 (Date)	Day 3 (Date)	Day 4 (Date)	Day 5 (Date)	Day 6 (Date)		
9.00-9.30AM	Registration	(12) Refusal to breastfeed and crying	(8) Breastfeeding positioning	(19) Complementary feeding -foods to fill nutrient gap	Why optimal infant and young child feeding <b>(Participant 1)</b>	Complementary Feeding Food to fill nutrient gap – 2 groups <b>(Participant 19&amp;20)</b>		
9.30-10.00AM	Inauguration					(17) Not enough Milk	(18) Breastfeeding low birth weight babies and sick babies	(20) Quantity, Variety and frequency of complementary feeds
10.00-10.30AM		Tea	Tea	Tea	Tea	Tea		
11.00-11.30AM	Introduction of participants Role of MLT's Introduction of course material for trainers & for frontline workers/ ANM / ASHA	(7) Preparation and conduct of clinical practice I (Observing breastfeed, listening and positioning) & discussion on clinical practices	(10) Preparation and conduct of clinical practice II (Observing a breastfeed, taking history, listening and learning skills, building confidence and positioning and discussion on clinical practice)	Preparation and conduct of clinical practice III Observing breastfeed, building confidence and giving support and checking understanding, taking breastfeeding and complementary feeding history.	Assessing and observing a breastfeed <b>(Participant 3)</b>	Sustaining optimal infant and young child feeding– <b>(Participant 23)</b>		
11.30-12.00Noon	(1) Why Optimal Infant & Young Child Feeding				Listening and learning <b>(Participant 4)</b>	Building confidence giving support and checking under standing <b>(Participant 5)</b>	Women nutrition, health and fertility <b>(Participant 24)</b>	Breastfeeding in special circumstances especially HIV & Infant feeding (Participant 25 & 26)
12.00-1.00PM	(2) Production and Intake of Breast milk				Antenatal preparation and establishing community breastfeeding support <b>(Participant 6)</b>	Women and work <b>(Participant 27)</b>	<b>Group Photo</b>	
1.00-2.00PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
2.00-2.30PM	(3& 4) Assessing and Observing breastfeeding	(26) IMS Act 1992 as amended upto 2003	(14) Overview of Infant feeding and HIV	(21) Feeding technique and strategies	Positioning baby at the breast - 2 group <b>(Participant 7 &amp; 8)</b>	District/State Survey on IYCF Counseling		
2.30-3.00PM		(11) Breast Conditions			Breast conditions - 2 group <b>(Participant 9&amp;10)</b>	<b>Feedback from trainees</b>		
3.00-3.30PM	(5) Listening and Learning	(9) Building confidence, giving support and checking understanding	(15) Breastfeeding Options for HIV +ve mothers	(22) Feeding during illness and recovery	Refusal to breastfeed and crying– 2 groups <b>(Participant 11&amp;12)</b>	<b>- Valedictory Function Including Distribution of Certificates to participants</b>		
3.30-4.00PM			(25) Breastfeeding by working mothers	(23) Sustaining optimal infant and young child feeding	Expressing Breastmilk 2 groups <b>(Participant 13&amp;14)</b>			
4.00-4.30PM	Tea	Tea	Tea	Tea	Tea	Tea		
4.30-5.00PM	(6) Antenatal preparation and establishing community infant feeding support	(16) Expression of Breastmilk	(13) Taking a feeding history	How to conduct training of frontline workers using trainers guide and frontline workers training kit <b>Allotment of sessions</b>	Not enough milk – 2 groups <b>(participant 15&amp;16)</b>			
5.00-5.30PM	(24) Nutrition of lactating mothers and their health and fertility				Breastfeeding low birth weight babies – 2 groups <b>(Participant 17&amp;18)</b>			
5.30-6.00PM	Trainers Meeting	Trainers Meeting	Trainers Meeting	Trainers Meeting	Trainers Meeting			

## COURSE CONTENTS

### Training of Frontline Workers

#### Infant and Young Child Feeding Counseling: A training course (The 3 in 1 course)

*(an Integrated course on breastfeeding, Complementary feeding & Infant Feeding & HIV – Counseling)*

<b>Day 1</b>		
<b>Time</b>	<b>Sessions</b>	<b>Minutes</b>
9-10am	Inauguration	60
10-10.30am	Tea	30
10.30-11.30am	Session 1: Why Optimal Infant and Young Child Feeding	60
11.30-12.30 pm	Session 2 Production and Intake of Breastmilk	60
12.30-1.30 pm	Session 3 Assessing and Observing a Breastfeed	60
1.30-2.30 pm	Lunch	60
2.30-3.30 pm	Session 4 Listening and Learning	60
3.30-4.00pm	Tea	30
4.00-5.00 pm	Session 5 Building Confidence, Giving Support and Checking Understanding	60
5.00-5.30pm	Session 6 Antenatal Preparation and Establishing Community Breastfeeding Support	30
<b>Day 2</b>		
9.00-10.00am	Session 7 Positioning Baby at the breast	60
10.00-10.30am	Tea	30
10.30-11.15 am	Session 8 Breast conditions	45
11.15-12.00 am	Session 9 Refusal to Breastfeed and Crying	45
12.00-12.30 pm	Session 10 Expression Breastmilk	30
12.30-1.30 pm	Session 11 Not Enough Milk	60
1.30-2.30 pm	Lunch	60
2.30-3.00 pm	Session 12 Breastfeeding Low Birth Weight Babies	30
3.00-5.30 pm	Tea Home visit / visit to anganwadi center / Health Centre <i>(Listening &amp; learning, confidence building, assessing to breastfed, feeding history, positioning)</i>	120
<b>Day 3</b>		
9.00-10.10am	Session 13 Complementary Feeding - Foods to Fill the Nutrient Gap	70
10.10-10.30am	Tea	20
10.30-11.30 am	Session 14 Feeding Techniques and Strategies	60
11.30-1.30 pm	Home visit / visit to anganwadi center / Health Centre <i>(confidence building, complementary feeding)</i>	120
1.30-2.30 pm	Lunch	60
2.30-3.15 pm	Session 15 Sustaining Optimal Infant and Young Child Feeding	45
3.15-3.35pm	Session 16 Women Nutrition, Health and Fertility	20
3.35-4.00 pm	Tea	30
4.00-4.30pm	Session 17 Women and Work	30
4.30-4.45 pm	Session 18 Breastfeeding in Special Circumstances	15
4.45-5.30 pm	Valedictory Session	45

## List of BPNI's National Trainers

Infant and Young Child Feeding Counseling: A Training Course (The 3 in 1 course)  
for Developing Middle Level Trainers

S. No.	Trainers	Contact No	Email id
1.	Dr. Rajender Gulati	09814120206	rajinder_gulati@hotmail.com
2.	Dr. Amarjit Singh	09815177708	singh.amarjit33@gmail.com
3.	Dr. Ramneek Sharma	09814105154	surya.foundation@hotmail.com
4.	Dr. Anurag Aggarwal	9810409625	anurag_dr@rediffmail.com
5.	Dr. MMA Faridi	9868399740	mmafaridi@yahoo.co.in
6.	Ms. Ulka Jamal	9425478301	
7.	Dr. Sangeeta Rani	9810964084	sang9ggs@rediffmail.com
8.	Dr. Simi Oberoi	09417890207	simmi.dr@gmail.com
9.	Dr. Kundan Mittal	09416514111	kundanmittal@yahoo.co.in
10.	Dr. Pardeep Khanna	09416120304	pardeep92@gmail.com khanna_pk@hotmail.com
11.	Dr. Anita Gupta	9810617023	anitagupta58@gmail.com
12.	Dr. Parveen Kumar	9868579672	kumardrpraveen@rediffmail.com
13.	Dr. Paramjeet Kaur	09815653908	arnejaparam@yahoo.co.in
14.	Dr. Vartika Saxena	09458344247	dr_vsaxena@rediffmail.com
15.	Dr. Sarit Sharma	09815598162	sarit_sharma@yahoo.com
16.	Dr. Manajir Ali	09837142555	manazir1958@yahoo.com
17.	Dr. KC Aggarwal	9811486506	kcagg1955@rediffmail.com
18.	Ms. Dimple Save	9425302738	dsave_2708@yahoo.com
19.	Dr. Gulshan Arora	9953256699	drglarora@yahoo.co.in
20.	Dr. Kanchan Nigam	9868245804	ksaxena2011@gmail.com
21.	Dr Khan Amir Maroof	9013524021	khanamirmarroof@gmail.com
22.	Ms. Lubna Abdullah	09893518745	lubna03abdullah@gmail.com
23.	Mr. Divakar Nayak S	09945678944	shenidivakar@yahoo.com
24.	Ms. Kakul Joshi	9999821088	kakulster@gmail.com
25.	Mr. S.K Mehta	09417185773	skmehta1950@yahoo.co.in
26.	Mr. PK Sudhir	9810673476	pk_sudhir2002@yahoo.co.in
27.	Ms. Preeti Gupta	9716488189	preeti3168@gmail.com

## List of Middle Level Trainers in Punjab trained by BPNI

Infant and Young Child Feeding Counseling: A Training Course (The 3 in 1 course)

### Amritsar (27 Dec 2010 - 1 Jan 2011) Batch I

S. no	Names	Designation	Address	Telephone
1	Dr. R. S. Buttar	Medical Officer	Civil Hospital Amritsar	9501833665
2	Dr. Sanjay Kapoor	Medical Officer	CHC Lopoke	9814348746
3	Dr. Noble Bhatia	Medical Officer	MPHC Chak mukand	8146362255
4	Dr. Ram Singh	Medical Officer	MPHC Wadala	9463725252
5	Dr. Rajiv Kumar	Medical Officer	MPHC Ramdas	9814391433
6	Dr. Lovelesh Gupta	Medical Officer	CHC Lopoke	9417427929
7	Dr. Navdeep Gill	Medical Officer	PHC Ramdas	9878075996
8	Dr. Aman Preet	Medical Officer	MPHC Naweempur	9815078887
9	Dr. Delly B Singh	Medical Officer	MPHC Rayyr	9814738833
10	Dr. Rajinderpal Kaur	Medical Officer	PHC Bhinder	9878486612
11	Dr. Zorawar	Medical Officer	PHC Mahwal	9876065055
12	Abhigale	Staff Nurse	PHC Mauavala	9417957927
13	Lily Usha	Staff Nurse	CHC Lopoke	9988784378
14	Kiran Kaur	Staff Nurse	CHC Lopoke	9955209406
15	Ranjit Kaur	Staff Nurse	PHC Threawal	9815498384
16	Sukhwinder Kaur	Staff Nurse	PHC Ramdas	9417870942
17	Monica	Staff Nurse	MPHC Ibbankalan	8146400584
18	Rajbeer Kaur	Staff Nurse	PHC Bhakna	9780014152
19	Khushwant Kaur	Staff Nurse	PHC Bhakna	9501043800
20	Sukhwinder Kaur	Staff Nurse	MPHC Mottewal	9915236587
21	Simarjeet Kaur	Staff Nurse	MPHC Mottewal	9876466353
22	Amarjeet Kaur	Staff Nurse	PHC Verka	9463732048
23	Sawarn Kaur	Staff Nurse	CHC Manawala	9915079275
24	Sarabjeet Kaur	Staff Nurse	PHC Threawal	8872020700
25	Mandeep Kaur	Staff Nurse	PHC Butala	8146755244
26	Jasbeer Kaur	Staff Nurse	PHC Batala	9872094243
27	Sneh Lata	Staff Nurse	PHC Ramdas	9781593003
28	Ravinderjeet Kaur	Staff Nurse	PHC Ramdas	9855066555
29	Sukhpal Kaur	Staff Nurse	MPHC Rayya	9463397615

### Amritsar (17-22 Jan 2011) Batch II

S. no	Names	Designation	Address	Telephone
1	Dr. Jasminder	Medical Officer	CHC Baba Bakala	9815633380
2	Dr. Harpreet	Medical Officer	PHC Rajasansi	8146990044
3	Dr. Madan Mohan	Medical Officer	PHC Tahli Sahib	9915598280
4	Dr. Reena Rani	Medical Officer	PHC Verka	9501007579
5	Dr. Rupam Pasricha	Medical Officer	Civil Hosp. Amritsar	9876166265
6	Dr. Manpreet Singh	Medical Officer	PHC Chetanpur	9356003473
7	Dr. Sudhir Arora	Medical Officer	PHC Butala	9815833123
8	Dr. Anil Bala	Medical Officer	PHC Threawal	9988566346
9	Dr. Minu Gupta	Medical Officer	PHC JandialGuru Amt	9876847331
10	Dr. Naresh Kumar	Medical Hospital	Civil Hos. Amritsar	9814299404

S. no	Names	Designation	Address	Telephone
11	Satinder Kaur	Staff Nurse	PHC Rajor	9855553577
12	JasbirKaur	Staff Nurse	CHC Lapok	9781436885
13	Baljinder Kaur	Staff Nurse	PHC Manavala	9872244278
14	Amarjit Kaur	Staff Nurse	CHC Manavala	9530653946
15	Harjeet Kaur	Staff Nurse	CHC Lapoke	8146577766
16	Jaspal Bajwa	Staff Nurse	PHC Verka	9779477772
17	Ravinder Kaur	Staff Nurse	MPHC Mattewal	8872291627
18	Virpal Kaur	Staff Nurse	PHC Ramdas	9781192162
19	Rupinder Kaur	Staff Nurse	PHC Rayya	9510100541
20	Swaroop Kaur	Staff Nurse	PHC Verka	9915580750
21	Gursimarpreet Kaur	Staff Nurse	PHC Kiampur	9501944793
22	Kamaljeet Kaur	Staff Nurse	CHC Tarsifraka	9814248900
23	Amandeep Kaur	Staff Nurse	PHC Mattawal	8872004903
24	Veena	Staff Nurse	PHC Kaler	9646894362
25	Harinderpal Kaur	Staff Nurse	Civil Hosp. B.Bakala	9855760581

### Amritsar (14-19 Feb 2011) Batch III

S. no	Names	Designation	Address	Telephone
1	Dr.Simrit Gill	Medical Officer	PHC Sakatri	9814830434
2	Dr.Bharti Dhawan	Medical Officer	PHC Ramdass	9814013494
3	Dr.Deepti Chopra	Medical Officer	PHC Verka	9464628589
4	Dr.Amarvir S.Sidhu	Medical Officer	PHC Iandiala	9872209112
5	Dr.Satnam Singh	Medical Officer	PHC Tharewal	8872051600
6	Dr.Anujeet Kaur	Medical Officer	CHC Lokpoke	9988027618
7	Dr.Charanjeet Kaur	Medical Officer	CHC Lokpoke	9915074477
8	Dr.Gurpreet Singh	Medical Officer	Civil Hospital Amst	9815319042
9	Dr.Varinderpal Kaur	Medical Officer	PHC Ramdas	9814325548
10	Dr.Kawarpreet Gill	PG Resident	Civil Hospital Amst	9464702373
11	Dr. Manisha Nagpal	PG Resident	Civil Hospital Amst	9855554545
12	Dr.Rashmi Vig	B.C.G Officer	C.S Office Amritsar	9888469911
13	Amarjit Kaur	Staff Nurse	PHC Kaler	9414156721
14	Jyoti	Staff Nurse	PHC Attari	9569012218
15	Monika	Staff Nurse	CHC Lokpoke	9915124104
16	Davinder Kaur	Staff Nurse	PHC Batala	8146892800
17	Rajvinder Kaur	Staff Nurse	MPHC Kampur	9988783393
18	Rupinder Kaur	Staff Nurse	PHC Ramdas	7837034141
19	Chand Rani	Staff Nurse	PHC Ramdas	9855659043
20	Gunvinderjeet Kaur	Staff Nurse	PHC Verka	9781921907
21	Simranjeet Kaur	Staff Nurse	PHC Jandiala	9781675407
22	Baljeet Kaur	Staff Nurse	CHC Taripka	8146741100
23	Rajvinder Kaur	Staff Nurse	CHC Taprika	8146873100
24	Sujit Kaur	Staff Nurse	CHC Taprika	8146739900
25	Krishna	Staff Nurse	CHC Taprika	9815391924
26	Simratpal Kaur	Staff Nurse	CHC Lokpoke	
27	Varinder Kaur	Staff Nurse	CHC Lokpoke	8872053703
28	Manjeet Kaur	Staff Nurse	CHC Lokpoke	9463577282
29	Suman Sharma	Staff Nurse	PHC Tervali	9855756770



S. no	Names	Designation	Address	Telephone
30	Navdeep Kaur	Staff Nurse	PHC Ibban Kala	9915358657
31	Iqbal Kaur	Staff Nurse	PHC Ibbankala	8146700475
32	Simerjeet Kaur	Staff Nurse	NSH Fatehpur	8054781940
33	Jasbeer Kaur	Staff Nurse	CHC Manawala	8146835577
34	Satvinder Kaur	Staff Nurse	CHC Manawala	9501727555
35	Kulwant Kaur	Staff Nurse	CHC Badal	9914331706
36	Harbhajan Kaur	Staff Nurse	PHC Baba Badal	8146288997
37	Rajwant Kaur	Staff Nurse	Civil Hospital	9592221015
38	Manmeet Kaur	Staff Nurse	PHC Rayya	8146367500
39	Sandeep Kaur	Staff Nurse	PHC Rayya	9464746553
40	Baljeet Kaur	Staff Nurse	PHC Rayya	9872887405

### Barnala (25-30 Oct 2010) Batch I

S. no	Names	Designation	Address	Telephone
1	Dr. Nirmal Singh	Medical Officer	RH Dhilwan	01675-275134
2	Dr. Monika Sood	Medical Officer	CHC Dhanola	9888033408
3	Dr. Rajkumar	Medical Officer	CHC Barnala	9815474810
4	Dr. Vijendar Kumar	Medical Officer	CHC Chananwal	9876870479
5	Dr. Isha Gupta	Medical Officer	PHC Tapa	9914934434
6	Dr. Gagandeep Singh	Medical Officer	PHC Bhatlan	9814815744
7	Dr. Jatinder Khupal	Medical Officer	PHC Chhappa	9815061601
8	Dr. Rohit Rampal	Medical Officer	PHC Hmidi	9872400169
9	Dr. Gurminder Kaur	Medical Officer	CHC Bhadaur	9815974281
10	Dr. Prem Kumar	Medical Officer	MPHC Sehna	9646363946
11	Dr. Paramjit Lal	Medical Officer	PHC Sekha Barnala	9417879015
12	Paramjit Kaur	Staff Nurse	CH Barnala	8146244114
13	Amarjit Kaur	Staff Nurse	CHC Tapa	9256439476
14	Jagdeep Kaur	Staff Nurse	CHC Dhanaula	9463034505
15	Sukhwinder Kaur	Staff Nurse	PHC Rureke Kalan	9872654704
16	Pardeep Kaur	Staff Nurse	PHC Rureka Kalan	9417393160
17	Jaswinder Kaur	Staff Nurse	PHC Tallewal	9914708594
18	Sarabjit Kaur	Staff Nurse	-do	9592042065
19	Jasleen Kaur	Staff Nurse	PHC Bhathlan	9464705670
20	Baljit Kaur	Staff Nurse	PHC Bhathlan	987658871
21	Amar Kaur	Staff Nurse	R.H Thikriwal	9878626862
22	Kamlesh Rani	Staff Nurse	CH Barnala	9888212435
23	Harjit Kaur	Staff Nurse	PHC MehalKalan	9872208183
24	Dewinder Kaur	Staff Nurse	CHC Tapa	8146205940
25	Harpreet Kaur	Staff Nurse	CHC Bhadaur	9888587605
26	Naresh Kumari	Staff Nurse	CHC Bhadaur	9501339256
27	Harwinder Kaur	Staff Nurse	CHC Chananwal	9814750791
28	Neelu Rani	Staff Nurse	-do-	9023042632
29	Sandeep Kaur	Staff Nurse	CHC Tapa	9463330238
30	Baljit Kaur	Staff Nurse	CH Barnala	9888212133
31	Balwant Kaur	Staff Nurse	PHC Mehal Kalan	9888392926
32	Surinder Kaur	Staff Nurse	RH Thikriwala	9417172119
33	Harminder Kaur	Staff Nurse	HC Dhanaula	9872215509

**Hoshiarpur (13-18 Dec 2010) Batch I**

S.no	Names	Designation	Address	Telephone
1	Dr. Charanjeet Paul	Medical Officer	MPHC Bhindiwal	9872212305
2	Dr.Kamaljeet S Chauhan	Medical Officer	MPHC Bhangala	9417135031
3	Dr.Anupinder Singh	Medical Officer	CHC Bhunga	9914133703
4	Dr.Niranjan Singh	Medical Officer	PHC Kandhala	9872909932
5	Dr. Esha Verma	Medical Officer	PHC Miani Hoshi.	9872238101
6	Dr.Gurmeet Kaur	Medical Officer	MPHC Bariankala	9915180372
7	Dr.Sanjay Kumar	Medical Officer	PHC Phuglana	9417888666
8	Dr. Inderjeet Kaur	Medical Officer	MPHC Bulhowal	9872663819
9	Dr.Mandeep Kaur	Medical Officer	MPHC Chhobewal	9815787088
10	Dr.Kamaljeet Dogra	Medical Officer	PHC Tanda	-
11	Amarjeet Kaur Walia	Staff Nurse	PHC Harta Badla	991568930
12	Balbir Kaur	Staff Nurse	PHC Chhabewal	9463906790
13	Davinderjeet	Staff Nurse	PHC Kandhala	9478049677
14	Hardeep Kaur	Staff Nurse	PHC Miani	9855361404
15	Inderjeet Kaur	Staff Nurse	MPHC Bhangala	9464847087
16	Nirmal Kaur	Staff Nurse	-do-	9915373971
17	Inderjir k.Minhas	Staff Nurse	R.H Phuglam	9815485119
18	Ramandeep Kaur	Staff Nurse	PHC Bhunga	9463260281
19	Krishna Devi	Staff Nurse	-do-	9463443250
20	Surjeet Kaur	Staff Nurse	MPHC Binewal	9872238255
21	Neelam Kumari	Staff Nurse	MPHC Binewal	9417645511
22	Urmila Devi	Staff Nurse	MPHC Bullhowal	9815725548
23	Rajwinder Kaur	Staff Nurse	MPHC Bullhowal	9815738399
24	Barinder Kaur	Staff Nurse	MPHC Jejo	9464157956
25	Jaspreet Kaur	Staff Nurse	PHC Chakowal	9478867744
26	Sunita	Staff Nurse	PHC Chakowal	9316272211
27	Anterpreet Kaur	Staff Nurse	MPHC Jejo	9463084781
28	Daljeet Kaur	Staff Nurse	CHC Mahilpur	9815314832
29	Manju	Staff Nurse	MPHC Chhabewal	9463287110

**Hoshiarpur (17-22 Jan 2011) Batch II**

S.no	Names	Designation	Address	Telephone
1	Dr.Narinder Kumar	Medical Officer	MPHC Pedrana	9217286290
2	Dr.Renu Bhatia	Medical Officer	PHC Chakowal	9463310907
3	Dr.Rimpy Grewal	Medical Officer	PHC Mahilpur	9876095345
4	Dr.Sukhwinder Kaur	Medical Officer	RH Bynjon	9815654149
5	Dr.Harjinder Singh	Medical Officer	MPHC Narela	9888340059
6	Dr.Balwinder Singh	Medical Officer	MHPC Passam	9915633219
7	Dr.Shelly	Medical Officer	Civil hospital	9855241921
8	Dr.Vajinder Singh	Medical Officer	CHC Bhol Kauta	9888375052
9	Dr. Lashker	Medical Officer	MPHC Tanda	9417807715
10	Dr.Jasveer Singh	Medical Officer	PMHC Kanouli	9872063820
11	Dr.Harbans Kaur	Medical Officer	PHC Bhudasor	9646308989
12	Dr.Lakhveer Singh	Medical Officer	PHC Hasto Satour	9815668278
13	Rajveer Kaur	Staff Nurse	RH Bhatthal	977941655
14	Resham Kaur	Staff Nurse	RH Bhatthal	9463242757

S.no	Names	Designation	Address	Telephone
15	Rakesh Kler	Staff Nurse	RH Bhindon	9814641497
16	Stanam Kaur	Staff Nurse	MPHC Behlnwali	9878594153
17	Kulraj Kur	Staff Nurse	PHC Tanda	9592088570
18	Paramjit Kaur	Staff Nurse	CHC mehalpur	9465761958
19	Ravinder Kaur	Staff Nurse	PHC Miani	9465465401
20	Paramjit Kaur	Staff Nurse	PHC Jalowal	9818001968
21	Santosh Kumari	Staff Nurse	MPHC Jeijon	9463429132
22	Paramjit Kaur	Staff Nurse	PHC Janauri	9465067308
23	Satwinder Kaur	Staff Nurse	RH Binjon	9464896955
24	Sukhveer Kaur	Staff Nurse	PHC Paladi	8872404543
25	Manjeet Kaur	Staff Nurse	MPHC Kamladevi	9417821817
26	Asha	Staff Nurse	CHC Bhalkalouds	7837805299
27	Rajpal Kaur Thind	Staff Nurse	PHC Paladi	9771614730
28	Baljeet Kaur	Staff Nurse	PHC Baghpur	9463308800

### Hoshiarpur (7-12 Feb 2011) Batch III

S.no	Names	Designation	Address	Telephone
1	Dr.Swati	Medical Officer	RH Bhatal	9815618178
2	Dr.Jaswant Singh	Medical Officer	MPHC Posijejon	9417305714
3	Dr. Tejinder	Medical Officer	PHC Paladi	9814478659
4	Dr.Charanjit Kumar	Medical Officer	MPHC Rampur	9814182040
5	Dr.Raghuveer Singh	Medical Officer	RH Binjohn	9815359772
6	Dr.Surinderpal Singh	Medical Officer	MPHC Badla	9417286069
7	Dr.Gurinder Singh	Medical Officer	MPHC Bhebel	9463636468
8	Dr.Upkar	Medical Officer	MPHC Ghog	8427202296
9	Dr.Rupali Aggarwal	Medical Officer	PHC Janauri	9463444158
10	Dr.Ravinder Kaur	Medical Officer	CHC Mard Bhandar	9814212313
11	Dr.Anupama	Medical Officer	CHC Hajipur	9872992260
12	Dr.Sandeep	Medical Officer	MPHC Chabewal	9815794209
13	Dr.Gurdeep Singh	Medical Officer	PHC Khun...	9855432844
14	Sandip Kaur	Staff Nurse	CHC Sham Chaursi	9872652310
15	Monu Devi	Staff Nurse	CHC Sham Chaursi	9777989564
16	Sunita Devi	Staff Nurse	PHC Bassi	0463990816
17	Jaswant Kaur	Staff Nurse	MPHC Ghagru	0188326110
18	Raj Kaur	Staff Nurse	MPHC Khanzkhilan	9478181026
19	Sunita Rani	Staff Nurse	PHC Janauri	8054032800
20	Kamal Devi	Staff Nurse	CHC Mand Bhandar	9465766183
21	Jasvir Kaur	Staff Nurse	CHC Mand Bhandar	9463706911
22	Satwinder Kaur	Staff Nurse	CHC Bhudalpur	9463771709
23	Paramjit Kaur	Staff Nurse	CHC Bhudalpur	9464949729
24	Rajinder Kaur	Staff Nurse	CHC Hajipur	9478873283
25	Sunita Devi	Staff Nurse	MPHC Tanda	9463012139
26	Daljit Kaur	Staff Nurse	PHC Badhla	9463299260
27	Reena Kumari	Staff Nurse	MPHC Kamahi	9463285430
28	Manpreet Kaur	Staff Nurse	PHC Miani	9464167508
29	Neelam Sharma	Staff Nurse	PHC Bassi	9815589113
30	Jaswinder Kaur	Staff Nurse	MPHC Padrana	9815201512

S.no	Names	Designation	Address	Telephone
31	Charanjit Kaur	Staff Nurse	PHC Possi	9815297118
32	Arun Kumari	Staff Nurse	MPHC Rampur	9872129948
33	Harsharan Kaur	Staff Nurse	MPHC Sarhala Kala	8146803400
34	Tanveer Kaur	Staff Nurse	PHC Badla	8054584201

### Jalandhar (27 Dec 2010 – 1 Jan 2011) Batch I

S.no	Names	Designation	Address	Telephone
1	Dr.Razia Bhatti	Medical Officer	CHC Adampur	09876611723
2	Dr.Jyoti Phokela	Medical Officer	C.D.Garha	09815207579
3	Dr.Priyendu Bhushan	Medical Officer	CHC Shahkot	09855065239
4	Dr.Saloni Garg	Medical Officer	CHC Kala Bakra	09721760011
5	Dr. Paramjit	Medical Officer	PHC Randawa	09878130989
6	Dr.Namita Ghay	Medical Officer	Civil Hosp.Jalandhar	09815918300
7	Dr. Harpreet	Medical Officer	PHC Ajanwal	09914068854
8	Dr.Varinderpal	Medical Officer	Civil Hosp Nakoar	09814152046
9	Parven Bala	Staff Nurse	CHC Adampur	09878363389
10	Jaswinder Kaur	Staff Nurse	PHC Kalabakra	09814426626
11	Naseeb Kaur	Staff Nurse	PHC Kalabakra	09872013380
12	Amarjit Kaur	Staff Nurse	MPHC Talwara	09478125488
13	Narinder Kaur	Staff Nurse	PHC Kalabakra	08146316350
14	Manjir Kaur	Staff Nurse	MPHC Baloki	09501721376
15	Rajni Sharma	Staff Nurse	PHC Kalabakra	09915073100
16	Shobha Bhatia	Staff Nurse	MPHC Talwan	0978182655
17	Jaspal Kaur	Staff Nurse	R.H Uggi	094784749988
18	Swati Sarangal	Staff Nurse	CHC Kartarpur	09478490674
19	Shalinder Kaur	Staff Nurse	PHC Raipur	09815496024
20	Meenakshi Sonia	Staff Nurse	PHC Uggi	0946170148
21	Sukhjot Kaur	Staff Nurse	PHC Raipur	09914348049
22	Gagandeep Kaur	Staff Nurse	PHC Bilga	09888522096
23	Navdeep Gill	Staff Nurse	PHC Bilga	09888522096
24	Kuldeep Kaur	Staff Nurse	Civil Sergn.Offi.Jalndr	09463282958
25	Sonia	Staff Nurse	MPHC Daroli Kalan	09465592958
26	Rajni	Staff Nurse	MPHC Randhawa Masand	9814914848
27	Prabhjot Kaur	Staff Nurse	MPHC Randhawa Masand	9465629926
28	Kulwant Kaur	Staff Nurse	MHPC Daroli Kalan	09464975465

### Jalandhar (3-8 Jan 2011) Batch II

S.no	Names	Designation	Address	Telephone
1	Dr.Parminder Kaur	Medical Officer	UFWC Basti Darish	9888422807
2	Dr.Asha Kumari	Medical Officer	MPHC Billgae	9815815510
3	Dr.Anu Dugala	Medical Officer	MOCD Basti Gujan	81466300269
4	Dr.Inderjeet Kaur	Medical Officer	MOCD Lauba Pind	9888323849
5	Dr.Shobhna	Medical Officer	CHC Basti Gujan	9876251176
6	Dr.Shikha	Medical Officer	SHC Pididi Khalsa	9417974811
7	Dr.Raveti	Medical Officer	SHC Maheshpur	9865536717
8	Dr.Gurinderbir Kaur	Medical Officer	PHC Bilga	9815241460

S.no	Names	Designation	Address	Telephone
9	Dr.Gayatri Singh	Medical Officer	PHC Jamsheer Khas	9872578962
10	Dr.Angelina	Medical Officer	PHC Kartarpur	9653940540
11	Dr.Manjeet Kaur	Medical Officer	CD basti Bawakhel	9814395526
12	Dr.Jyoti Sharma	Medical Officer	UFWC Kishenpura	987663228
13	Kiran Bala	Staff Nurse	PHC Bilga	9501264411
14	Kamaljeet Kaur	Staff Nurse	PHC bilga	9378924879
15	Sunita Devi	Staff Nurse	CHC KalaBakra	9864085981
16	Rupinder Kaur	Staff Nurse	CHC Kala Bakra	9878265001
17	Hardeep Kaur	Staff Nurse	PHC Raipur	9501005767
18	Vealth	Staff Nurse	PHC Raipur	7696481982
19	Anita	Staff Nurse	MPHC Talwan	8872231312
20	Anamika Sharma	Staff Nurse	CHC Kalabakra	9501899365
21	Urmila Devi	Staff Nurse	PHC Adampur	987290865
22	Manjeet Kaur	Staff Nurse	PHC Bilga	887218812
23	Rajveer Kaur	Staff Nurse	PHC Bilga	9465457954
24	Manpreet Kaur	Staff Nurse	MPHC Rurkakalan	9463194611
25	Savita	Staff Nurse	MPHC Raipur	9915370888
26	Rajbir Kaur	Staff Nurse	PHC Kartarpur	9878839259
27	Kanchan Devi	Staff Nurse	MPHC Raipur	9478538233
28	Bimla Devi	Staff Nurse	CHC Shankar	
29	Manjeet Kaur	Staff Nurse	CHC Kartarpur	9888395817
30	Jagjeet Kaur	Staff Nurse	CHC Bandala	9876124727
31	Bikramjeet Kaur	Staff Nurse	CHC Shankar	9915724500
32	Inderjeet Kaur	Staff Nurse	PHC Jandiala	9478535880
33	Satya Devi	Staff Nurse	CHC Shankar	9872620058
34	Balwinder Kaur	Staff Nurse	CHC Jalandar	9965955318
35	Amita Sharma	Staff Nurse	PHC Jandrala	9814741158

### Jalandhar (10-15 Jan 2011) Batch III

S.no	Names	Designation	Address	Telephone
1	Dr.Rohini Goel	Medical Officer	MPHC Raipur	9814101901
2	Dr.Anju Mahajan	Medical Officer	SHC Malsuan	9815563243
3	Dr.Harpreet Bolina	Medical Officer	PHC Agjanmal	9914068854
4	Dr.Jaspartap Singh	Medical Officer	SHC Adhi	9815714353
5	Dr.Rimpy	Medical Officer	SHC Pandori	9815585470
6	Dr.Rupali	Medical Officer	SHC Ladhnan	9501762925
7	Dr.Jaskiran Kaur	Medical Officer	SHC Partappur	8146356563
8	Dr.Satinder Kaur	Medical Officer	PHC Jamsheerkhas	01812274865
9	Dr.Amarpal Singh	Medical Officer	SHC Pandsi Khas	9888725353
10	Dr.Nav Sankalp Kalsi	Medical Officer	SHC Budhamsar	9417128859
11	Dr.Savita Sonia	Medical Officer	SHC Kular	9915386531
12	Dr.Tarsem Lal	Medical Officer	SHC Tehang	9888607884
13	Dr.Jatinderjeet Singh	Medical Officer	CHC Bewapind	9041442913
14	Dr.Shashi Ahluwalia	Medical Officer	PHC Mehatpur	9417131101
15	Dr.Vandana Sogan	Medical Officer	Civil Dispensary	9317202701
16	Dr.Jaswant Singh	Medical Officer	CHC Kolra	9463537254
17	Dr.Shobhna	Medical Officer	CHC Basti	9876251516

S.no	Names	Designation	Address	Telephone
18	Dr.Gayatri Singh	Medical Officer	PHC Jhankher Khas	09872578960
19	Dr.Anu Thappar	Medical Officer	CHC Adampur	9876007850
20	Dr.Kanupreet	Medical Officer	CHC Adampur	8054345483
21	Dr.Ruchi Kumar	Medical Officer	CHC Adampur	9041579456
22	Anu Bala	Staff Nurse	MPHC Baloki	987862271
23	Narinder Kaur	Staff Nurse	RH uggi	9814518180
24	Ranjeet Kaur	Staff Nurse	CHC Shahkot	9888522047
25	Harwinder Kaur	Staff Nurse	Civil Hosp Bandala	9464713015
26	Monu Verma	Staff Nurse	PHC Jamsheer Khas	9872379909
27	Parminder Kaur	Staff Nurse	RH Uggi	9814040673
28	Manpreet Kaur	Staff Nurse	CHC Bandala	9815458655
29	Reeta	Staff Nurse	PHC Adampur	9872681926
30	Sharandeep Kaur	Staff Nurse	PHC Adampur	7696235653
31	Kulwant Kaur	Staff Nurse	CHC Shahkar	9914420817
32	Sukhwinder	Staff Nurse	CHC Shahkar	9814469156
33	Arashdeep Kaur	Staff Nurse	MPHC Rupewali	947874519
34	Harpreet Kaur	Staff Nurse	MPHC Rupewali	9780931621
35	Simro	Staff Nurse	MPHC Raipur	9914184583
36	Satvir Kaur	Staff Nurse	CHC Shankar	8968986901
37	Dalvir Kaur	Staff Nurse	CHC Kalabakro	9878780816
38	Vandana	Staff Nurse	PHC Duranj kok	9914013920
39	Rajvir Kaur	Staff Nurse	PHC Dosasia Katan	9878215052

### Kapurthala (13-18 Dec 2010) Batch I

S.no	Names	Designation	Address	Telephone
1	Dr.Jaspreet Singh Bedi	Medical Officer	PHC Kabirpur KPLA	9878591081
2	Dr.Tarsem Singh	Medical Officer	PHC Bholath	9815081212
3	Dr.Manjeet Kumar	Medical Officer	PHC Paramjeetpur	9814067105
4	Dr.Anu Sharma	Medical Officer	CHC Tibba	9417133229
5	Dr.Rakesh Chander	Medical Officer	PHC Ranipur	9417152152
6	Dr.Gurmeet Kaur	Medical Officer	CHC Kalasanghian	9815813147
7	Dr.Sarika	Medical Officer	PHC Surakhpur	9888033505
8	Dr.Kuldeep Singh	Medical Officer	PHC Dhilwan	9815061919
9	Dr.Yashpal	Medical Officer	PHC Sapoor	9815069556
10	Sukhraj Kaur	Staff Nurse	Civil Hosp. Kapurthala	9464440064
11	Sukhwinder Kaur	Staff Nurse	CHC Tibba	01822228714
12	Rajwant Kaur	Staff Nurse	MPHC Paramjitpur	9855750726
13	Narinder Kaur	Staff Nurse	CHC Tibba	9478222917
14	Sandeep Kaur	Staff Nurse	CHC Tibba	9464020994
15	Paramjit Kaur	Staff Nurse	PHC Dadwindi	9781467488
16	Surjeet Rani	Staff Nurse	PHC Surakhpur	01822249096
17	Simarjeet Kaur	Staff Nurse	MPHC Bhan	9463282315
18	Rajwant Kaur	Staff Nurse	CHC Tibba	9417868181
19	Harjinder Kaur	Staff Nurse	PHC Kabirpur	9779246232
20	Ranjeet Kaur	Staff Nurse	CHC Kalasanghion	9878434849
21	Jasveer Kaur	Staff Nurse	CHC Kalasanghion	9463707339
22	Sudarshan Kaur	Staff Nurse	PHC Kalasanghion	9779068335

S.no	Names	Designation	Address	Telephone
23	Sandeep Kaur	Staff Nurse	MPHC Surakhpur	9463178700
24	Kamaljeet Kaur	Staff Nurse	MPHC Bhanolangha	9876655039
25	Inderjeet Bhatti	Staff Nurse	MPHC Dudwindi	9217922806

### Kapurthala (3-8 Jan 2011) Batch II

S.no	Names	Designation	Address	Telephone
1	Dr.Seema	Medical Officer	CHC Panchat	9417304683
2	Dr.Sat Pal	Medical Officer	RHC Kabirpur	9815169265
3	Dr. Kimti Anand	Medical Officer	CHC Panc	9417634737
4	Dr. Ramesh Pal	Medical Officer	PHC Maqsudpur	9888630348
5	Dr. Kanta	Medical Officer	PHC Palahu	9872343201
6	Dr. Harbans Lal	Medical Officer	CHC Begowal	9814228085
7	Dr.Prem Kaul	Medical Officer	PHC Atholi	9815211735
8	Dr.Taranjit Kaur	Medical Officer	PHC Bolath	8146347335
9	Harpreet Kaur	Staff Nurse	PHC Dhilwan	9646296475
10	Darshan Rani	Staff Nurse	RH Maqsoodpur	9464012197
11	Kiranjit Kaur	Staff Nurse	RH Maqsoodpur	9815521488
12	Paramjeet Kaur	Staff Nurse	CHC Tibba	9463960275
13	Hardeep Kaur	Staff Nurse	CHC Tibba	9592643001
14	Harpreet Kaur	Staff Nurse	CHC Tibba	8968384947
15	Gurmeet Kaur	Staff Nurse	PHC Dhilwan	9878639513
16	Prisca vandana	Staff Nurse	CHC Panchat	9855285854
17	Jupinder Kaur	Staff Nurse	CHC Begowal	9872250939
18	Manjeet Kaur	Staff Nurse	CHC Begowal	9872394288
19	Sameeta Sharma	Staff Nurse	MPHC Surakhpur	9872441906
20	Parminder Kaur	Staff Nurse	PHC Bolarth	9815992379
21	Jyoti Moonga	Staff Nurse	PHC Bolarth	9878805091
22	Daljeet Kaur	Staff Nurse	PHC Panchhat	9478613061
23	Sunrinder	Staff Nurse	Civil Hospital	9888896381
24	Kamlesh	Staff Nurse	Civil Hospital	9876855313
25	Jasvir Kaur	Staff Nurse	Civil Hospital	9814202290
26	Balwinder Kaur	Staff Nurse	Civil Hospital	9814220049

### Mohali (18-23 Oct 2010) Batch I

S. no	Names	Designation	Address	Telephone
1	Dr. Gurvinder Kaur	Medical Officer	MPHC Lalru	9988844878
2	Dr. Bhupinder Khera	Medical Officer	CHC Ghraun, Mohali	9987666541
3	Dr.Harpreet Oberai	Medical Officer	Civil Hospital, Kharar	9814804644
4	Dr. Kshitij Seema	Distt Prog Officer	Civil Surgeon Office Mohali	8872093405
5	Dr. Jeevan Asha	Medical Officer	MPHC Khidrabad SAS Nagar	9417214451
6	Dr. Kuljeet Kaur	Medical Officer	PHC, mullapur SAS nagar	9872207107
7	Dr. Tamanna	Medical Officer	Civil Hospital Mohali	9814970505
8	Dr.Sonia Singla	Medical Officer	Civil Hospital Derabassi	9888904664
9	Ms Simmarjit Kaur	Staff Nurse	CHC Mullapur	9988025480
10	Ms Mamta	Staff Nurse	CHC Banur	9463534861
11	Ms Chetna Rathour	Staff Nurse	CHC Banur Distt Mohali	9501032945

S. no	Names	Designation	Address	Telephone
12	Ms surjit Kaur	Staff Nurse	CHC Banur Distt Mohali	9872314119
13	Ms Harpreet Kaur	Staff Nurse	PHC, Lalru Distt Mohali	9878053787
14	Ms Mumtaz	Staff Nurse	PHC lalru Distt Mohali	9463968543
15	Ms Rajinder Kaur	Staff Nurse	Civil Hospital, Kharar	9888789170
16	Ms Kamaldeep Kaur	Staff Nurse	PHC Landran Distt Mohali	9417158002
17	Ms Simerjeet Kaur	Staff Nurse	CHC KURALI	9417158002
18	Ms Maninder Kaur	Staff Nurse	CHC KURALI	9780241839
19	Ms Veena Soni	Staff Nurse	PHC Gharuan SAS Nagar	98968991874
20	Ms Usha Bharti	Staff Nurse	CHC KHARAR	
21	Ms Satbir Kaur	Staff Nurse	PHC KHIJRABAD	9988509075
22	Ms Jasdeep Kaur	Staff Nurse	CHC Bhootgarh	9417474888
23	Ms Ranjeet Kaur	Staff Nurse	Civil Hospital, Derabassi	9463189047
24	Ms Kamaldeep Kaur	Staff Nurse	Civil Hospital, Derabassi	9465228182

### Mohali (25-30 Oct 2010) Batch II

S. no	Names	Designation	Address	Telephone
1	Dr. Guninder Singh	Medical Officer	MPHC Basauli	9417603216
2	Dr. Bhavna Joshi	Medical Officer	CHC Antala	9315656979
3	Dr. Ramandeep Arora	Medical Officer	CHC Derabassi	9888451959
4	Dr. Veena Jarewal	Medical Officer	PHC Bhootgarh	9417224299
5	Dr. Prabhjeet Kaur	Medical Officer	Civil Hospital Mohali	9417480756
6	Dr. Mohandeep Kaur	Medical Officer	MPHC palheri	9914371132
7	Dr. Neerja Sharma	Medical Officer	MPHC Mohali	9872740342
8	Dr. Amardeepinder Kaur	Medical Officer	PHC Chando	9876200872
9	Prabhjot Kaur	Staff Nurse	PHC lalru	9872304467
10	Harsimran Kaur	Staff Nurse	PHC Bhootgarh	9888694243
11	Simerjeet Kaur	Staff Nurse	PHC Bhootgarh	9463106072
12	Manu Priya	Staff Nurse	CHC Derabassi	9888391380
13	Vidya wati	Staff Nurse	CHC Derabassi	9417743711
14	Sukhpreet Kaur	Staff Nurse	PHC Gharaun	9478695437
15	Surinder Kaur	Staff Nurse	PHC landra	9316683518
16	Surinder Kaur	Staff Nurse	PHC Derabassi	9914078415
17	Rekha Sharma	Staff Nurse	PHC Lalru	9878399933
18	Sudarshan Kaur	LHV	PHC Gharaun	9988196164
19	Balbir Kaur	LHV	PHC Bhootgarh	9815004421
20	Harminder Kaur	LHV	PHC Derabassi	887293345
21	Paramjit Kaur	LHV	PHC Gharaun	8872093400
22	Kuldeep Kaur	LHV	PHC Gharaun	8872093399
23	Purna Arya	LHV	PHC Bhootgarh	8872093301
24	Saroj Gill	LHV	CHC Vill daon	9911594543

### Patiala (17-22 Jan 2011) Batch 1

S. no	Names	Designation	Address	Telephone
1	Dr Kiranjot kaur	Medical Officer	PHC Gajjumajra	9815936858
2	Dr. Amandeep Gill	Medical Officer	PHC Kauli	9417149421
3	Dr. Amanpreet Kaur	Medical Officer	CHC Badshahpur	9876789103



S. no	Names	Designation	Address	Telephone
4	Dr.Punam Gupta	Medical Officer	PHC KheraGajju	9417991420
5	Dr.Bidhi Kaur	Medical Officer	CHC Kalomajra	9814258035
6	Dr.Vikas Sharma	Medical Officer	CHC Duda Sadan	9822617672
7	Dr.Nandni Sharma	Medical Officer	PHC Harpalpur	9464352267
8	Dr.Manjeet Kaur	Medical Officer	PHC Belbera	9814855991
9	Dr. Prabhjot	Medical Officer	CHC Ghanour	9988096248
10	Dr.Charanjit Gill	Medical Officer	PHC Ajnauda	8146527897
11	Dr. Gaganjit walia	Medical Officer	CHC Bhedson	9872013392
12	Dr. Vandana	Medical Officer	CHC Patiala	9855103474
13	Baljeet Kaur	Staff Nurse	PHC Gajumajra	9501738818
14	Amandeep Kaur	Staff Nurse	PHC Khera Gaju	9888381669
15	Kamlesh Rani	Staff Nurse	PHC Kalomajra	9878491602
16	Tejinder Kaur	Staff Nurse	PHC Khera Gaju	9988020362
17	Rajpinder Bajwa	Staff Nurse	PHC kauli	9417733166
18	Bimaljeet Kaur	Staff Nurse	CHC Patran	8054984897
19	Kuljeet Kaur	Staff Nurse	CHC Patran	9872514100
20	Swarn Kaur	Staff Nurse	CHC Patiala	8872290300
21	Gurmeet Kaur	Staff Nurse	CHC Patiala	9872732099
22	Surinder Kaur	Staff Nurse	PHC kalomajra	9417087628
23	Paramjeet kaur	Staff Nurse	PHC Harpalpur	9855466610
24	Parminder Kaur	Staff Nurse	PHC Harpalpur	9872452214
25	Manpreet Kaur	Staff Nurse	PHC Balbera	9815504947
26	Rajwinder Kaur	Staff Nurse	CHC Duda Sadan	9885519279
27	Kulwinder Kaur	Staff Nurse	CHC Duda Sadan	9815504791
28	Swaranjeet Kaur	Staff Nurse	CHC Ghanaur	9888439828
29	Anju Bala	Staff Nurse	CHC Ghanaur	9814795000
30	Monika	Staff Nurse	CHC Bhadrans	9646210317
31	Kuldeep Kaur	Staff Nurse	PHC Ajnouda	8146525009
32	Bhupinder Kaur	Staff Nurse	PHC Sanjha	9855569219
33	Rajwinder Kaur	Staff Nurse	CHC Bashahpur	9781111244
34	Kuldeep Kaur	Staff Nurse	PHC Jogipur	9988526464

### Patiala (7-12 Feb 2011) II Batch

S. no	Names	Designation	Address	Telephone
1	Dr.Deepika k Garg	Medical Officer	CHC Dhuan Sadan	9780035436
2	Dr.Parmnder Singh	Medical Officer	CHC Patran	9815107848
3	Dr.Prasan Kumar	Medical Officer	CHC	9815023465
4	Dr Harwinder aur	Medical Officer	CHC Svenen	9417601301
5	Dr.Brahmeet kaur	Medical Officer	CHC Bhadson	9888217723
6	Dr.Nidhi Sharma	Medical Officer	MPHC Jogipur	9855400817
7	Dr.Inderdeep Kaur	Medical Officer	PHC Mordapur	9872401722
8	Dr. Rajiv Tondon	Medical Officer	CHC Blad	9855172250
9	Dr Harminder Singh	Medical Officer	CHC Fathgarh	9417214612
10	Dr.Daljeet Kaur	Medical Officer	CHC Patiala	9501550941
11	Himani	Staff Nurse	CHC Dudan Sadan	9814376899
12	Madhu Bala	Staff Nurse	CHC Dudan Sadan	9501013810
13	Sandeep	Staff Nurse	CHC Patiala	9463592115

S. no	Names	Designation	Address	Telephone
14	Sukhdarshan kaur	Staff Nurse	CHC Bhadson	9465155616
15	Harwinder Kaur	Staff Nurse	PHC Jogipur	9815233391
16	Paramjit Kaur	Staff Nurse	CHC Model Town	9498187831
17	Paramjeet Rani	Staff Nurse	CHC Patran	9463327505
18	Harjinder Kaur	Staff Nurse	CHC Patran	9463993441
19	Parveen Kumari	Staff Nurse	PHC Sansa	9914164789
20	Rajwinder Kaur	Staff Nurse	CHC Patran	7837514272
21	Reena Rani	Staff Nurse	PHC Khera Gaju	9888645467
22	Baljinder Kaur	Staff Nurse	MPHC Madanpur	9814664112
23	Gurvinder Kaur	Staff Nurse	MPHC Madanpur	9779250426
24	Kawalpreet	Staff Nurse	CHC Ghanour	9781700732
25	Sushma Rani	Staff Nurse	PHC Harpalpur	9888742910
26	Gurmeet Kaur	Staff Nurse	PHC Harpalpur	9914592751
27	Rajinder Kaur	Staff Nurse	PHC Harpalpur	9780205311
28	Gurpreet Kaur	Staff Nurse	PHC Ajnala	9501744522
29	Kanwalpreet Kaur	Staff Nurse	CHC Ghanour	9915174339
30	Ratinder Kaur	Staff Nurse	PHC Kalomajra	8427611770
31	Ramandeep Kaur	Staff Nurse	PHC Kalomajra	9465531947
32	Maninderjeet Kaur	Staff Nurse	CHC Badshahpur	8054139636
33	Arjinder Kaur	Staff Nurse	CHC Bhadson	9914915524

### Patiala (14 -19 Feb 2011) III Batch

S. no	Names	Designation	Address	Telephone
1	Dr.Neelam Banga	Medical Officer	PHC Hasanpur	9417180695
2	Dr.Harneet Toor	Medical Officer	CHC Kakrala	9815175958
3	Dr.Shabdeep Kaur	Medical Officer	CHC Badsan	9872343553
4	Dr.Nidhi Verma	Medical Officer	PHC Kauli	9855488655
5	Dr.Punam Bhupal	Medical Officer	PHC Shutrana	9501592408
6	Dr.Sandeep Goel	Medical Officer	PHC Dhanetha	8146586800
7	Dr.Goldy	Medical Officer	CHC Ghanour	9814705333
8	Dr.Baljinder Kaur	Medical Officer	PHC Gajewas	9878825720
9	Dr.Jaideep Singh	Medical Officer	CHC Patiala	9814806466
10	Dr.Rajinder Goel	Medical Officer	CHC Patran	9814310676
11	Dr.Rachna	Medical Officer	CHC Badshapur	9417867188
12	Dr.Sanjeev Sharma	Medical Officer	CHC Kallonagar	9417039835
13	Sukhwinder Kaur	Staff Nurse	CHC Badson	9530564719
14	Gurjot kaur	Staff Nurse	PHC Badson	9486763251
15	Gurbeer kaur	Staff Nurse	CHC Model Town	9814374057
16	Prabhjot kaur	Staff Nurse	CHC Model Town	8528644840
17	Akwinder Kaur	Staff Nurse	PHC Gajumajra	9876283220
18	Karamjit kaur	Staff Nurse	PHC Kauli	9436030154
19	Damanjeet Kaur	Staff Nurse	PHC Kalomajra	94645686821
20	SushmaRani	Staff Nurse	PHC Kalomajra	9888751131
21	Sujata	Staff Nurse	CHC Patron	9888726022
22	Mamta	Staff Nurse	CHC Badshapur	9464246289
23	Paramjit kaur	Staff Nurse	PHC Dhyanthal	9914774846
24	Sukhbeer Kaur	Staff Nurse	PHC Dhyanthal	9478158582

S. no	Names	Designation	Address	Telephone
25	Sukhwinder Kaur	Staff Nurse	PHC Dhyanthal	9914469715
26	Seema	Staff Nurse	MPHC Madanpur	9592753811
27	Sumandeep kaur	Staff Nurse	PHC Arno	8427953015
28	Shaminder Kaur	Staff Nurse	PHC Arno	9988727209
29	Gurpreet Kaur	Staff Nurse	PHC Gajewas	9855333185
30	Harpinder Kaur	Staff Nurse	PHC Shtrana	9855580068
31	Sandeep Kaur	Staff Nurse	PHC Shatrana	9417570195
32	Jaskirat Kaur	Staff Nurse	MPHC Kukrala	9814632236
33	Rupinder Kaur	Staff Nurse	PHC Ajnala	9501786665
34	Surjeet Kaur	Staff Nurse	CHC Ghanour	9855019742
35	Rubina	Staff Nurse	CHC Ghanour	8657632732

### Sangrur (22-27 Nov 2010) Batch 1

S. no	Names	Designation	Address	Telephone
1	Dr.Poonam Kattru	Medical Officer	CHC Longowal	9876856098
2	Dr.Satish Kumar	Medical Officer	PHC Moonak	9876671797
3	Dr.Ritu Sethi	Medical Officer	PHC Panjraian	9464606515
4	Dr.B.M Dhir	Medical Officer	CHC Amargarh	9815020194
5	Dr.Gunjeet Singh Sandhu	Medical Officer	CHC Bhawanigarh	9411724546
6	Dr.Shirin Goyal	Medical Officer	CHC Bhawanigarh	9646642960
7	Dr.Amandeep Kaur	Medical Officer	PHC Mehlan	9814250032
8	Dr.Harwinder Kaur	Medical Officer	CHC Kanzala, Sangrur	9855347077
9	Dr.Jagjit Singh	Medical Officer	MPHC Ahmedgarh	9876856098
10	Paramjeet Kaur	Staff Nurse	PHC Gorwara	9464267991
11	Kulwinder Kaur	Staff Nurse	CHC Bhawanigarh	9781994082
12	Sukriti	Staff Nurse	CHC Bhawanigarh	9463227273
13	Chinnderpal Kaur	Staff Nurse	CHC Bhawanigarh	0167278010
14	Sukhwinder Kaur	Staff Nurse	PHC Sherpur	9872982493
15	Baljeet Kaur	Staff Nurse	PHC Manvi	9417506234
16	Sarbjit Kaur	Staff Nurse	MPHC Gowara	8146755832
17	Pritam Kaur	Staff Nurse	PHC Moonak	9872485982
18	Inderjit Kaur	Staff Nurse	CHC Ahmedgarh	9464424503
19	Ram Piari	Staff Nurse	CHC Ahmedgarh	9876146019
20	Nancy	Staff Nurse	PHC Fatehgarh	9592500296
21	Paramjit Kaur	Staff Nurse	MPHC Fatehgarh	9814617349
22	Jaswinder	Staff Nurse	PHC Moonak	8872458915
23	Parminder Kaur	Staff Nurse	CHC Lehra Gaja	9417665609
24	Manpreet Kaur	Staff Nurse	MPHC Kanjila	9814806364
25	Ravinder Kaur	Staff Nurse	MPHC Kanjila	8872658200
26	Ranjit Kaur	Staff Nurse	CHC Longowal	9781812082
27	Gagandeep Kaur	Staff Nurse	Rural Hospital Sangrur	9465523014
28	Sunita Devi	Staff Nurse	R.H.Kulhala Sangrur	9417693618
29	Rajvir Kaur	Staff Nurse	MPHC Chajli	9781525651
30	Rajvir Kaur	Staff Nurse	MPHC Dibra	9023467019
31	Kamaljit Kaur	Staff Nurse	PHC Kaurian	9417503588

**Sangrur (29 Nov- 04 Dec 2010) II Batch**

S. no	Names	Designation	Address	Telephone
1	Dr.Pritpal Singh	Medical Officer	CHC Ahmedgarh	9872309258
2	Dr.Parminder Kaur	Medical Officer	MPHC Bhalwan	9876619740
3	Dr.Harmandeep	Medical Officer	PHC Fatehgarh	9501041213
4	Dr.Pargat Singh	Medical Officer	MPHC Gaggarpur	9814364338
5	Dr.Seema Jassal	Medical Officer	MPHC Bhasaur	9417968809
6	Dr.Ravinder Pal	Medical Officer	MPHC Dirba	9417222940
7	Dr.Maheep Kaur	Medical Officer	MPHC Nadampur	9914725251
8	Dr.Urmil Garg	Medical Officer	RH Mandvi	9316247005
9	Dr.Harinder Singh	Medical Officer	CHC Amargarh	9780072247
10	Shaminder Pal	Staff Nurse	RH Kothala	9988101050
11	Ninder Pal	Staff Nurse	RH Kothala	9915445322
12	Krishna Sharma	Staff Nurse	RHC Cheema	9417817722
13	Raj Rani	Staff Nurse	CHC Longowal	9855137591
14	Karamjit Kaur	Staff Nurse	CHC Ahmedgarh	9417636485
15	Sukhwinder Kaur	Staff Nurse	CHC Ahmedgarh	9569287459
16	Jaspal Kaur	Staff Nurse	MPHC Khanouri	9779057304
17	Sukhwinder Kaur	Staff Nurse	CHC Lehragaga	9501121789
18	Sukhpal Kaur	Staff Nurse	CHC Lehragaga	9876664657
19	Manpreet Kaur	Staff Nurse	MPHC Dibra	9217529026
20	Amandeep Kaur	Staff Nurse	MPHC Chhajli	9876189096
21	Usha Rani	Staff Nurse	MPHC Chhajli	9815785683
22	Snaran Lata	Staff Nurse	MPHC Amargarh	9872233345
23	Gurmeet Kaur	Staff Nurse	MPHC Amargarh	9876283424
24	Jasvir Kaur	Staff Nurse	PHC Sherpur	9417806998
25	Amir Kaur	Staff Nurse	CHC Amargarh	9914998425
26	Harpreet Kaur	Staff Nurse	CHC Bhawanigarh	0162221512
27	Parwinder Kaur	Staff Nurse	MPHC Nadampur	9463338204

**Sangrur (7-12 Mar 2011) III Batch**

S. no	Names	Designation	Address	Telephone
1	Dr.Sukhdeep Kaur	Medical Officer	CHC Longowal Sangrur	9417363051
2	Dr.Harjinder Singh	Medical Officer	PHC Lohat Baddi	8872150555
3	Dr.Narinder Singh	Medical Officer	CHC Ahmednagar	9815174860
4	Dr.Gagandeep Kaur	Medical Officer	PHC Sherpur	9915621433
5	Dr.Anju Garg	Medical Officer	Civil Hospital Sangrur	9814566719
6	Dr.Anju Singla	Medical Officer	CHC Bhawanigarh	9988459300
7	Dr.Sanjay Bansal	Medical Officer	CHC Lehragar	9814523018
8	Dr.Harmeet Singh	Medical Officer	MPHC Sangrur	9463366400
9	Dr.Sunil Prakash	Medical Officer	CHC Amargarh	9814178303
10	Dr.Praveen Marker	Medical Officer	CHC Bhawaninagar	9914955592
11	Asha Rani	Staff Nurse	CHC Bhawaninagar	9463016084
12	Ramanpreet Kaur	Staff Nurse	PHC Moonak	9781877300
13	Kulwant Kaur	Staff Nurse	PHC Bhanigarh	9463163952
14	Bhupinderjit Kaur	Staff Nurse	PHC Kauhrian	9217472501
15	Kuldeep Kaur	Staff Nurse	CHC Ahmednagar	9464373296
16	Shinderpal Kaur	Staff Nurse	PHC Fatehgarh	9463280974

S. no	Names	Designation	Address	Telephone
17	Parminder Kaur	Staff Nurse	PHC Kauhrian	9417734311
18	Harpreet Kaur	Staff Nurse	PHC Kauhrian	9464892883
19	Sandeep Kaur	Staff Nurse	CHC Bhawaninagar	9464915754
20	Jeepal Kaur	Staff Nurse	PHC Logowal	9217752070
21	Paramjit Kaur	Staff Nurse	PHC Amargarh	9878397478
22	Gurmeet Kaur	Staff Nurse	PHC Sherpur	9878933787
23	Nirbhai Kaur	Staff Nurse	PHC Sherpur	8872400763
24	Manpreet Kaur	Staff Nurse	PHC Kanjhala	9417521110
25	Pardeep Kaur	Staff Nurse	CHC lehragaga	9814850269
26	Gurinder Kaur	Staff Nurse	CHC lehragaga	9417516040
27	Harjit Kaur	Staff Nurse	CHC Amargarh	9217676201
28	Mandeep Kaur	Staff Nurse	CHC Amargarh	9815213452
29	Jasveer Kaur	Staff Nurse	CHC Amargarh	9478510321
30	Harsharanjit Kaur	Staff Nurse	RHC Cheema	9876015446
31	Gurmeet Kaur	Staff Nurse	MPHC Longowal	9041786021
32	Jaswinder Kaur	Staff Nurse	CHC Ahmedgarh	9988884219
33	Parul Sharma	Staff Nurse	PHC Longowal	0464222727

## Memorandum of Understanding (MOU)



दिल्ली DELHI

M 169010

**MEMORANDUM OF UNDERSTANDING  
PROJECT RCH PHASE-II 2010-2011  
INNOVATION ON IYCF: BREASTFEEDING PROMOTION  
UNDER NRHM (2010-2011) IN PUNJAB**

**Proposal:** Training of Middle Level Trainers and Front line workers in Infant & Young Child Feeding Counseling for 8 district: Barnala, Hoshiarpur, Jalandhar, Patiala, Kapurthala, Tarn Taran, Sangrur, and Mohali for the state of Punjab.

**Terms of Contract for**

This Agreement is made on this day, the 29<sup>th</sup> day of September 2010 between **Breastfeeding Promotion Network of India** (hereinafter called the **BPNI**) of the one part and **State Health Society, Punjab** (hereinafter called the **SHS**) of the other part.

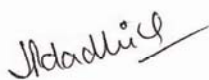
Whereas the SHS has engaged the BPNI for the training of Middle level Trainers, supervision of the Front line workers training and the evaluation of the trainings for 8 districts (Barnala, Hoshiarpur, Jalandhar, Patiala, Kapurthala, Tarn Taran, Sangrur, and Mohali)

**On Contract basis** and that BPNI has agreed on the terms and conditions hereinafter contained.

**BREASTFEEDING PROMOTION  
NETWORK OF INDIA  
BP-33, Pitam Pura , Delhi-110 034**

Now these present witnesses and the BPNI hereto respectively agree as follows:

1. BPNI will arrange capacity building training course of Middle Level Trainers on Infant & Young Child Feeding Counseling (IYCF)-, who will further train front line workers- ASHAs & ANMs in villages of these 8 districts.
2. **The BPNI** will be responsible for the conduct of Middle level trainers training at the district level for the Medical Officers and the Staff Nurses. However the TA/DA as per budget provision in proposal will be paid to trainers by District Health Society.
3. For the training of grass root front line workers the ANMs and ASHAs, it is a 3-day training course on breastfeeding & complementary feeding developed by BPNI and UNICEF and field tested by NIPCCD.
4. BPNI will provide initial supervision (at least 1 Batch in each block ie minimum 54 batches) and training material (for 212 batches) for the training of front line workers.
5. The grantee will maintain separate account in respect of this grant. The accounts will remain open to the representatives of Government of Punjab. The grantee will have to submit audited statement of accounts and utilization certificate against the grant sanctioned latest by 28<sup>th</sup> February, 2011.
6. **The BPNI** In charge (*Project Coordinator / its authorized Representative*) will supervise personally all the logistics arrangements & make sure every things is up to the mark as per quality as well as quantity and also in time (means all facility are providing according to the training time-table /schedule & according to No. of Participants)
7. The quality & quantity arrangements should be of desired standards. If you fail to provide quality & quantity up to the mark then your contract may be canceled by the State Health Society
8. **The BPNI** will ensure **availability of required** training equipments (i.e. Board, Chalk/Marker, Duster, White Board, XPs, White Paper, etc.) training kits and the training IEC material during training. Audio Visual equipment to be ensured by concerned Civil Surgeon under NRHM.
9. **The BPNI** should make sure a responsible Person/Supervisor would be available during the training to avoid inconvenience to the participants & watch all the activities & arrangements besides resource persons..
10. Support staff (2 helpers-Class IV) to be made available by Civil Surgeon during MLT's Training at district level for six days of each MLT training.
11. The BPNI will complete the assignment with in the given time frame.




BREASTFEEDING PROMOTION  
NETWORK OF INDIA  
BP-33, Pitam Pura , Delhi-110 034



12. **Mode of Payments:**

The payments shall be made to the BPNI according to following schedule by respective DHS::

- 50% of the contract amount per district will be paid after completion of training course of MLTs in respective district against the agreement bond on stamp paper.
  - 25% on submission of interim report (Physical and Financial) comprising of the training of Middle level trainers completed, IEC material for front line workers provided by BPNI and supervision of frontline workers training in at least half of numbers of blocks of the respective districts with interim satisfactory report duly signed by Civil Surgeon of district concerned
  - 25% of the agreement amount on submission of the final report incorporating all the observations including supervision.
  - T.D.S. will be made as applicable.
  - Time period of the proposal is four months from the dated of order as per Action Plan (Annexure-X)
13. Payment to the participants (TA/DA) will be made by District Health Society at the district level as well as for the front line workers training at block level.
14. For Middle level trainers training, each batch will contain minimum 20-25 participants & duration of batch will be 06 (Six) days.
15. For the front line workers training, each batch will contain minimum 35-40 participants (including ASHAs and ANMs) & duration of batch will be 03 (three) days. No. of ASHA (in Per Batch) can be increased/decreased after written approval from concerned Civil Surgeon.

  
National Coordinator,  
BPNI

Date: 1/10/2010

  
Mission Director  
State Health Society,

Date:

**Mission Director (NRHM)  
Punjab.**

**BREASTFEEDING PROMOTION  
NETWORK OF INDIA  
BP-33, Pitam Pura , Delhi-110 034**