



**BPNI/IBFAN Asia Pacific's Training Programme**

**Infant and Young Child Feeding Counseling: A Training Course  
The 3 in 1**

*(An integrated course on Breastfeeding, Complementary feeding and Infant Feeding & HIV - Counseling)*

**Preparation of IYCF counseling specialist**

**Criteria and guidelines**

<b>Title</b>	“Infant and Young Child Feeding Counseling Specialist”
<b>Aim</b>	To prepare health care providers with knowledge and appropriate counseling skills in infant and young child feeding to manage IYCF Counseling Centre.
<b>Interest and commitment</b>	Protecting, promoting and supporting breastfeeding and complementary feeding. Help for solving mother's problems
<b>Who can do it</b>	Pediatrician / Oby & Gynae and child doctors working in maternity and pediatrics hospitals, Nutrition Graduates, Senior nursing professional in Oby / Gynae.
<b>Duration of training (7days)</b>	7 days (51 Hours) including 5 X 2 hrs clinical practice in hospital.
<b>Competence after receiving training</b>	<p><b>Able to:</b></p> <ul style="list-style-type: none"> <li>• Initiate setting up a <b>infant and young child feeding counseling center</b></li> <li>• Provide referral level support for problem solving at hospital</li> <li>• Provide individual counselling on breastfeeding, complementary feeding HIV and Infant Feeding</li> <li>• Taking lectures for college, school, NGOs and public on IYCF.</li> <li>• Monitor IYCF, programme</li> </ul>
<b>Future potential</b>	Can become National Trainer after undergoing 13 days training in IYCF.
<b>Number of trainers needed</b>	4 National Trainers to train 24 participants
<b>Course Material</b>	<ol style="list-style-type: none"> <li>1. Participants Manual</li> <li>2. Counseling Guide for Infant Feeding Options in PPTCT Programme</li> </ol>

**Breastfeeding Promotion Network of India (BPNI)/IBFAN Asia Pacific**

BP-33, Pitampura, Delhi-110 034, India

Email: [bpni@bpni.org](mailto:bpni@bpni.org) or [info@ibfan-asiapacific.org](mailto:info@ibfan-asiapacific.org)

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