



**Islamic Republic of Afghanistan**

**Ministry of Public Health**

**Public Nutrition Department**

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# **Report of National workshop on Infant and Young Child feeding action plan**



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Date:6/12/2014

Reporting

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**Location: Kabul, Obni Sina hospital, conference room**

**Agenda of the workshop:**

- Present and Review WBTi 2012 and National Nutrition Survey 2013
- Link between IYCF and Growth Monitoring
- Expansion of BFHI(2 trainers in each DH is trained; how to ensure all DHs are BFH?)
- BMS code related issues
- BPHS Standard Operational procedure (SOP)
- Job descriptions of BPHS staff, Focal points of NGOs, PNOs
- Strengthening community based activities in IYCF(How to empower CHWs, or other Volunteers)
- Strengthening monitoring and supervision system at the provincial level (why monitoring is weak? How/what to support (mechanism))
- Provincial nutrition sub-committee meetings (Who, how, frequency, agenda, reporting)
- 10.Coordination mechanisms with UN and other partners (annual plan, MoUs...)
- 11.How to increase involvement Provincial Public Health Director (PPHD) in IYCF
- 12.IYCF reporting format(tally sheet, register book?, Performance indicator for NGOs 20%\$)
- 13.Assessment checklist and database
- 14. group work for developing IYCF action plan

## **1. Introduction:**

The National workshop on Infant and Young Child Feeding action plan held from 20 to 22 October in Kabul, Conference hall of Ibni Sina Hospital. The National IYCF workshop supported by IBFAN/BPNI and MoPH Afghanistan.

The IYCF national workshop organized by public Nutrition Department and Dr.M. Hamayoun Ludin, National IYCF Consultant.

The workshop resulted by developing national and provincial IYCF action plan for year 2014 and 2015.

## **2. Participants:**

34 provincial Nutrition officers and 34 Provincial NGO focal point, in general The participants were Government, donor, UN agencies, BPHS implementing NGOs and health and nutrition leadership and management staff.



### **3. Objectives:**

- To develop national IYCF action plan,
- To review national nutrition survey 2013 and WBTi, assessment report 2012
- To identify the challenges/gaps and find the solutions for better implementation of the IYCF activities.
- To support and empower the nutrition services Implementers to prioritize and implement IYCF activities at health facility and community level.

### **4. Description:**

National workshop on Infant and Young Child Feeding action plan started by opening speech of Dr.Malang Muslim, acting director of Preventive medicines General directorate of Ministry of Public Health. he welcome all participants, especially those who attended the workshop for remote area and come from far provinces. He realized the importance of IYCF in reduction of Malnutrition and in mortality, especially exclusive breastfeeding and introduction of timely solid and semi solid complementary feeding. Dr Muslim committed supporting IYCF at national and provincial level.



Photo of Dr Malang Muslim, G. Director of Preventive medicine

Dr Bashir Hamid, director of Public Nutrition Department was second speaker on the opening session of the National IYCF planning workshop. He focused on importance of IYCF and maternal nutrition. Also he mentioned that helping mothers to establish and sustain breastfeeding, counseling and community support. Continued support to sustain breastfeeding can be provided in a variety of ways. Traditionally, support is provided by the family and also it is provided by trained health workers, lactation consultants, community leaders, or from friends who are also mothers, and/or from father.

The community based and Peer Counseling Program is a cost effective and highly productive way to reach a larger number of mothers more frequently.

Breastfeeding as a biological function – is a public health issue that has been revisited times and again; and is a bond between a mother and child. Breastfeeding contributes in achieving each of the Millennium Development Goals and has a large impact on the future well-being of our society. The first step towards reducing undernutrition of children is optimal exclusive breastfeeding, enabling them to grow well from the first day of life and from first hour of the birth; and continued breastfeeding when complementary foods are introduced, to improve the quality of the mixed diet.

He also summarized all Nutrition programs of MoPH to the participants and thanks for their input in regards to IYCF.



Dr Bashir hamid, director of Public Nutrition Department

Dr.Ludin presented IYCF programs, the new training package, IYCF 4 in 1 program course, including complementary feeding and growth monitoring, way for finding gaps

for IYCF counseling. It was discuss that how to improve health facility and community base IYCF programs.

Dr Ludin introduced new developed growth monitoring tools which is for under 2 years children. It was great opportunity for Afghanistan introduced not only training package, but WBTi and WBCi are policy level programs which support infant and young child feeding .all these supports come from IBFAN.



photo of Dr Ludin and participants



Dr Ludin during guiding participants on group work

## **5. Group work:**

After first day of the workshop, the real work of it started. During opening and presenting technical sessions the participants informed that all agenda points should review by group members, finally each province should have their IYCF action plan. Then all participants divided into four groups to work on all agenda points and come with recommendations and develop action plan.



First group



second group



third group

**6. Action plan of group works:**

No	Activities <sup>1</sup>	Responsible	Partners	Expected Result (Targets)	Estimated budget in Afghani x 1000
<b>1</b>	<b>Strategic Objective 1: Advocacy, coordination, awareness and communication</b>				
1.1	Conducting advocacy meetings with high level authorities of the government	IYCF national and provincial Nutrition officers	Nutrition partners	4 Meetings	40
1.2	Broadcasting awareness TV spots on IYCF	IYCF national and provincial Nutrition officers	Media, Unicef, WB, USAID?	300 Spots	12600
1.3	Broadcasting awareness Radio spots on IYCF	IYCF national and provincial Nutrition officers	Media, Unicef, WB, USAID?	10000 Spots	11200
1.4	Publication of books for awareness on IYCF	IYCF national and provincial Nutrition officers	IBFAN	2000 books	560
1.5	Distribution of IYCF brochures through HFs and Schools	IYCF national and provincial Nutrition officers	UNICEF, SAFANSI, WB	1000000 brochures	2000
1.6	Posting IYCF posters through HFs, schools and other public areas	IYCF national and provincial Nutrition officers	Nutrition partners	10000 posters	60
1.7	Installation of billboards with IYCF messages	IYCF national and provincial Nutrition officers	Nutrition partners	150 billboard x months	1125

1.9	Conducting IYCF communication campaign	IYCF national and provincial Nutrition officers	UNICEF, BPHS NGOs	2 rounds	13000
1.10	IYCF education using free time of media	IYCF national and provincial Nutrition officers	Media	10 interviews	0
1.11	Advocacy for allocating one person as IYCF focal person in each hospital and HF	IYCF national and provincial Nutrition officers	Curative Medicine and EPHS NGOs	100 persons	0
1.12	Conducting coordination meetings and workshops with BPHS implementers, GCMU and other partners to ensure proper implementation of nutrition in BPHS	IYCF national and provincial Nutrition officers	BPHS NGOs, GCMU, other partners	4 Meetings	0
2.1	<b>Strategic Objective-2 : Infant feeding in Emergencies</b>				
2.2	Finalization of IYCF in Emergency guideline	IYCF national and provincial Nutrition officers	Nutrition cluster	1 guideline	200
2.3	Developing SOP on IYCF in Emergency to be used by other sectors involved in emergency response	IYCF national and provincial Nutrition officers	Nutrition cluster	1 SOP	100
2.4	Awareness of other sectors involved in emergencies, regarding IYCF in emergency	IYCF national and provincial Nutrition officers	Nutrition cluster	1 event	1000
2.6	Celebration of World Breastfeeding Week	IYCF national and provincial Nutrition officers	UNICEF, WHO, and others	1 event	1554.4
2.7	Expansion of BFHI	IYCF national and provincial Nutrition officers	UNICEF, EPHS	34 hospitals	1700
2.8	Finalizing the procedures for implementation of Code of marketing breast milk substitutes	IYCF national and provincial Nutrition officers	National committee members	1 procedure document	0

2.9	Conducting a coordination workshop on IYCF with implementing partners	IYCF national and provincial Nutrition officers	UNICEF, WHO, NGOs, Curative medicine	1 workshop	1000
2.10	Developing a clear mechanism for monitoring the implementation of CODE	IYCF national and provincial Nutrition officers	UNICEF, IBFAN	1 Mechanism	2000
2.11	Assessment of implementation of Maternal Protection regulation in formal organizations	IYCF national and provincial Nutrition officers	MoLSAMD, MoWA	1 assessment	0
2.12	Finalization and distribution of C-IYCF guideline	IYCF national and provincial Nutrition officers	BASICS, UNICEF	22000 copies	2200
3.1	<b>Strategic Objective-3: To strengthen in-country capacity</b>				
3.2	Establishing model HF for practical training of health personnel on IYCF	IYCF national and provincial Nutrition officers	Implementing partners, UNICEF, WFP, WHO, others	1 center	100
3.3	Developing trainers on IYCF	IYCF national and provincial Nutrition officers	Nutrition partners	20 Trainers	300
3.4	Leading the technical working groups and taskforces	IYCF national and provincial Nutrition officers	Members of Working groups	5 working group	0
3.5	Participating in related taskforces (RH, CAH, CBHC, HMIS, Surveillance, Curative Medicine, Capacity Building, food committee, quality improvement, standards, NID, health promotion)	IYCF national and provincial Nutrition officers	Related departments	20 taskforces attended	0
3.6	Training of health personnel on IYCF counseling	IYCF national and provincial Nutrition officers	UNICEF, Others	2000 personnel trained	11200
3.7	Training IYCF counselors at the hospital and HFs level	IYCF national and provincial Nutrition officers	Nutrition partners	100 persons	1120

3.8	Training of CHWs on IYCF counseling	IYCF team provincial Nutrition officers national and	UNICEF, Others	20000 persons	33600
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**Acronyms:**

BF: Breastfeeding

BFHI: Baby friendly Hospital Initiative

BMS: Breast milk Substitutes

BPHS: Basic Package of Health Services

IYCF: Infant and Young Child Feeding

MSH: Management science for Health

MoPH: ministry of Public Health

NGO: Nongovernmental organization

UN: United Nations WB: World Bank

WBTi: world Breast feeding trend initiative

**Thanks**