

S.no	State	Children under age 3 years breastfed within one hour of birth (%)	Institutional births (%)
States/Union Territories with 0.1 % – 29% “Early Breastfeeding Rate” as per NFHS-5			
1	Jharkhand	21.5	75.8
2	Uttar Pradesh	23.9	83.4
3	Dadar and Nagar Haveli and Daman and Diu	25.9	96.5
States/Union Territories with 29.1 % – 49 % “Early Breastfeeding Rate” as per NFHS-5			
4	Bihar	31.1	76.2
5	Chhattisgarh	32.2	85.7
6	Sikkim	33	94.7
7	Tripura	36.4	89.2
8	Telangana	37.1	97
9	Gujarat	37.8	94.3
10	Rajasthan	40.7	94.9
11	Madhya Pradesh	41.3	90.7
12	Uttarakhand	41.3	83.2
13	Haryana	41.6	94.9
14	Himachal Pradesh	45.1	88.2
15	Andaman and Nicobar Islands	46.9	99
States/Union Territories with 49.1 % – 89 % “Early Breastfeeding Rate” as per NFHS-5			
16	Assam	49.1	84.1
17	Karnataka	49.1	97
18	NCT Delhi	51.2	91.8
19	Andhra Pradesh	52	96.5
20	Arunachal Pradesh	52	79.2
21	Punjab	53.1	94.3
22	Maharashtra	53.2	94.7
23	Manipur	53.7	79.9
24	Puducherry	54.1	99.6
25	Jammu and Kashmir	55.6	92.4
26	Ladakh	57.9	95.1
27	Nagaland	57.9	45.7
28	West Bengal	59.4	91.7
29	Mizoram	60.1	85.8
30	Tamil Nadu	60.2	99.6
31	Goa	61.6	99.7
32	Chandigarh	63.7	96.9
33	Kerala	66.7	99.8
34	Odisha	68.5	92.2
35	Lakshadweep	76.3	99.6
36	Meghalaya	78.8	58.1
37	India	41.8	88.6

Note: None of the State/Union Territories has 89.1 % – 100 % “Early Breastfeeding Rate” as per NFHS-5